Looking beyond linear regression and Bland-Altman plots: a comparison of the clinical performance of 25-hydroxyvitamin D tests

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Abstract

Background: The systematic evaluation of the clinical concordance of various 25-hydroxyvitamin D (25OHD) testing methods is presented. The need for this approach is raised by the discrepancies in the analytical performance of the available assays.

Methods: The analytical and clinical performance of six automated 25OHD assays and an in-house liquid chromatography-tandem mass spectrometry (LC-MS/MS) method was investigated. Leftover serum samples (n=162, SA: n=114) were analyzed and all 21 assay combinations were evaluated. The utility of Cohen’s κ values was assessed by transforming them into minimum percentage agreement (MPA). McNemar’s hypothesis test was employed for testing the symmetry of the disagreeing classification outcomes within each method pair.

Results: Depending on the assay method, the ratio of results classified as positive (<20 ng/mL) was 13.5%–40.0%. The percentage agreement (PA) was 74.1%–92.6%. Compared to other methods, significantly more hypovitaminosis cases were delivered by DiaSorin Liaison® 25 OH vitamin D Total (DL) and significantly fewer by IDS-iSYS 25-Hydroxy Vitamin DS (II). The strongest clinical concordance was exerted by II vs. LC-MS/MS. The κ-derived MPA showed close similarity to the PA scores. McNemar’s tests confirmed the asymmetry of the disagreement in the classification in 14 method combinations.

Conclusions: The presented approach allows the prediction of the clinical consequences of a 25OHD method transfer. Differences in the clinical classification of assay results are likely encountered when transferring to a new method, even between assays standardized according to the Vitamin D Standardization Program (VDSP) Reference Method Procedure (RMP).

Keywords: 25-hydroxyvitamin D; hypovitaminosis D; immunoassay; liquid chromatography-tandem mass spectrometry; method comparison; multicriteria evaluation.

Introduction

There continues to be a considerable interest in the clinical assessment of vitamin D status, maintaining the increase in the number of the available automated and liquid chromatographic 25-hydroxyvitamin D (25OHD) testing methods [1–4]. Despite their preferred use, serious doubt has been cast on the comparability of the performance of the automated assays, which is a major issue because the threshold of hypovitaminosis D requiring intervention, most commonly 20 ng/mL (50 nmol/L), is not linked to any of the methods [5–7]. In addition, no consensus on the critical 25OHD levels in special patient groups such as children, the pregnant, the obese, the critically ill, or those undergoing hemodialysis is available, but once it is established, further thresholds are likely to be defined, increasing the complexity of method comparisons and potentially exacerbating the confusion over the interpretation of test results [8–11].

Numerous studies have been published recently with the aim to compare the outputs of 25OHD assays. All of these works have compared the analytical performance to
that of a reference method [primarily liquid chromatography coupled with tandem mass spectrometry (LC-MS/MS) or ultraviolet detection, or radioimmunoassay], with the evaluation relying on linear regression (ordinary least squares, Passing-Bablok or Deming) combined with Bland-Altman analysis. Because of the complexity of the inconsistencies in the performance of the available assays and, possibly, the narrow range of the evaluation tools employed, this approach has not proven adequate for predicting the clinical consequences of transferring between 25OHD testing methods [8, 12].

As a major step forward, the Vitamin D Standardization Program (VDSP), an international effort to provide a framework for the standardization and harmonization of 25OHD assays, is underway. With a reference method procedure (RMP) allowing the 25OHD contents of blood samples to be traced back to standard reference materials acknowledged by the National Institute of Standardization and Technology, USA, the VDSP is a very efficient platform for the credible evaluation the analytical performance [13, 14]. Automated tests with their performance standardized in VDSP RMP have already been launched, including three assays discussed herein. The Vitamin D External Quality Assessment Scheme (DEQAS) has also contributed valuably to the identification of phenomena which have an impact on method performance [15–18].

The direct assessment of the clinical concordance of the results obtained with various 25OHD assays is equally important for comparing method performance, yet it has received much less attention. Such evaluation has occasionally been included in a few studies by displaying patterns of the clinical classifications [19, 20], determining sensitivity and specificity [4, 20], assessing relative false positives and false negatives [21], or by calculating the percentage agreement (PA) of clinical classifications [16, 22] and/or Cohen’s $\kappa$ values [4, 12, 23–25]. In each case, the evaluation was accomplished against the results obtained using the reference method, except for the work of Cavalier et al. who calculated the clinical concordance for all combinations of the compared assays [22].

In the present work, the pairwise combinations of seven 25OHD testing methods, six automated assays [Abbott Architect 25-OH Total Vitamin D (AA), Beckmann Access 25(OH) Vitamin D Total (BA), DiaSorin Liaison® 25 OH vitamin D TOTAL (DL), IDS-iSYS 25-Hydroxy Vitamin D® (II), Roche Elecsys® Vitamin D Total (RE) and Siemens Advia Centaur Vitamin D Total (VitD) Assay (SA)] and one based on the LC-MS/MS technique are compared both in terms of their analytical and their clinical performance. Our aim is to demonstrate the importance and the feasibility of the assessment of the clinical concordance of assay results for comparing the performance of various 25OHD assays.

## Materials and methods

### Patient samples

Leftover blood samples taken from non-selected (e.g. by age, sex or vitamin D supplementation) adult in- and outpatients and previously analyzed in routine 25OHD assays were de-identified, divided into 0.3- to 0.4-mL aliquots, and kept at $-20\,^\circ\mathrm{C}$. Sample collection and processing and the handling of patient data were undertaken with adherence to effective legal and ethical regulations. In accordance, no samples or patient data were collected specifically for the purposes of our investigations.

One hundred and sixty-two samples were involved in the study. Due to technical issues, only 114 results from the SA assay were eventually included. In a number of cases the automated tests delivered results lower than their low limit of quantification. These samples were excluded from the evaluation of the analytical performance.

The samples involved to assess the clinical concordance of results obtained using AA, BA, DL, II, RE and LC-MS/MS were from patients with a median age of 55 years, range, 4–91 years, male/female ratio, 22.8:77.2. The median age of patients whose samples were included in the evaluation of the clinical performance of SA was 54 years, range, 4–91 years, male/female ratio, 23.0:77.0.

### Analysis using liquid chromatography-tandem mass spectrometry

LC-MS/MS assays were performed by Bionics Innovation Center Ltd. (Budapest, Hungary).

25-Hydroxyvitamin D2 (25OHD2) and 25OHD3 and the internal standard (IS) 26,26,26,27,27,27-D6-25-hydroxyvitamin D3 were purchased from Sigma-Aldrich Hungary Ltd. (Budapest, Hungary). LC-MS grade solvents were procured from VWR International Ltd. (Debrecen, Hungary). Ethyl acetate (LiChrosolv®) was obtained from Merck Hungary Ltd. (Budapest, Hungary). Nitrogen gas 5.0 was supplied by Messer Hungarogáz Kft. (Budapest, Hungary).

The assays were conducted on a Perkin-Elmer Flexar FX ultra-performance liquid chromatograph coupled to an AB Sciex 5500QTRAP mass spectrometer operated in the positive electrospray ionization mode. Nitrogen gas was supplied by a Peak Genius AB3G nitrogen generator (Per-Form Hungária Ltd, Budapest, Hungary). Chromatographic separation was performed on a Phenomenex Kinetex XB-C18 column ($50\times2.1\text{ mm, }17\,\mu m$) thermostatted at 35 $^\circ\mathrm{C}$. Water containing 0.1% formic acid (A) and methanol containing 0.3% formic acid (B) were used as mobile phase components. The gradient program started at 60% B, hold 1.0 min, then 100% B at 6.0 min, hold 1.5 min, then 60% B at 8.0 min. The run time was 10 min, the eluent flow rate was 200 $\mu$L/min and 10 $\mu$L sample was injected.

The following parameter settings were applied for the operation of the mass spectrometer: source temperature, 500 $^\circ\mathrm{C}$; ionization voltage, 5000 V; curtain gas, 40 psi; gas 1, 40 psi; gas 2, 40 psi; entrance potential, 10 V. Target analytes were detected by scheduled
multiple reaction monitoring at 745 min, with detection window of 60 s and target scan time of 1.0000 s, applying the compound specific settings displayed in Table 1.

**Sample preparation for LC-MS/MS**

Calibrator solutions were prepared in a 1:1 mixture of water and methanol containing 25OHD2 (1.0, 2.0, 5.0, 10.0 or 20 ng/mL) and 25OHD3 (1.0, 5.0, 20.0, 50.0 or 100 ng/mL). A 0.5-mL serum sample was diluted with 0.5 mL water after being spiked with 18 µL 1.4 µg/mL IS solution. The mixture was extracted twice with 1.0 mL ethyl acetate. The organic phases were combined and evaporated to dryness under nitrogen. The residue was reconstituted with 300 µL water/methanol 1:1 mixture and submitted for analysis.

**Validation of LC-MS/MS**

The LC-MS/MS method was validated prior to use. The limits of detection of 25OHD2 and 25OHD3 were 5 pg each. The low limits of quantitation in the serum matrix were 1.0 ng/mL each. Linearity was verified over the range of interest for both analytes. 25OHD2 and 25OHD3 displayed a linear relationship of the concentration and the analyte/IS peak areas between 1–20 and 1–100 ng/mL, respectively (n=3 for each level, weighting: 1/x², r²=0.9900). The recoveries were 64.7±9.2% and 62.4±7.7%, respectively. The intra-assay precision, determined at four levels, n=5 for each level, was ≤9.2% and ≤7.4% for 25OHD2 and 25OHD3, respectively. The inter-assay precision, conducted over five consecutive days, determined at four levels, n=2 for each level, was ≤14.4% and ≤11.2%, respectively.

**Automated assays**

Samples were analyzed using the following reagent kits and platforms: Abbott Architect 25-OH Total Vitamin D assay (ref. 3L52, lot: 00634C000) on an Abbott Architect i2000 (Abbott Laboratories (Magyarország) Kft, Budapest, Hungary), Access 25(OH) Vitamin D Total assay (ref. B24838, lot: 355362) on a Beckmann Access analyzer (Beckman Coulter Magyarország Kft, Budapest, Hungary), DiaSorin Liaison® 25 OH vitamin D TOTAL assay (ref. 310600, lot: 130938) on a DiaSorin Liaison XL analyzer (Buda Labor Kft, Budapest, Hungary), IDS-iSYS 25-Hydroxy Vitamin D³ assay (ref. IS-2700S, lot: 1861) on a IDS-iSYS Multi-Discipline Automated System (Diagon Kft, Budapest, Hungary), Roche Elecsys® Vitamin D Total assay (ref. 05894913190, lot: 175262) on a Roche Cobas 601 instrument (Roche Kft, Budapest, Hungary), and Siemens ADVIA Centaur Vitamin D (VtD) Total assay (ref. 10699201, lot: 10998063) on a Siemens Centaur XP platform (Diagon Kft, Budapest, Hungary). Analysis using SA was performed at the Central Laboratory, Petz Aladár Teaching Hospital, Győr, Hungary. All other automated assays were conducted in the Department of Laboratory Medicine, Semmelweis University (Budapest, Hungary).

Instruments, reagent kits, calibrators and controls were used in full compliance with the instructions of the manufacturers. Table 2 presents the major features of the automated assays involved in the study.

**Evaluation and statistical analysis**

Quantitative analysis of the LC-MS/MS data was performed by applying a 1/x² weight to the linear regression on the calibration points. 25OHD2/IS and 25OHD3/IS peak area ratios were used for quantitation. The results obtained on the automated platforms were quantitated as proposed by the manufacturers of the assay kits.

Plots were generated in R [26] using the ‘beeswarm’ package and Microsoft Excel 2013. Passing-Bablok analysis was performed in R using the mcreg(method.reg="PaBa") function of the ‘mcr’ package. Concordance correlation coefficients (CCC) were determined using the epi.ccc() function of the ‘epiR’ package. The same function was used for generating data for the Bland-Altman analysis, with means and 95% confidence intervals calculated by basic functions of the R environment. The PA was determined by conducting the pairwise comparison of the clinical classifications of results (hypovitaminosis, lower than 20.0 ng/mL or euvitaminosis, not lower than 20.0 ng/mL) and calculating the percentages of the agreeing classifications. The data sets were assumed to follow binomial distribution and 95% confidence intervals were calculated in R using the binom.test() function (Clopper-Pearson method).

Cohen’s κ values were calculated using GraphPad QuickCalc (GraphPad Software Inc, La Jolla, CA, USA. Website: http://graphpad.com/quickcalc/kappal/, accessed: 10 June 2016) and transformed into minimum percentage agreement (MPA) scores using a Monte-Carlo simulation. Briefly, the value of cell ‘a’ was first generated as a random integer from 0 to n (162 or 114). The values of cells ‘b’ and ‘c’ were random integers generated between 0 and n−a and n−(a+b), respectively. The value of cell ‘d’ was calculated as d=n−(a+b+c). In each simulation, 1,000,000 κ values were determined, and PA was calculated as PA=a+d/n for each iteration with κ=PA. The mini-mum PA was extracted from the resulting data set. The script of the Monte-Carlo simulation is available as Supplementary Material to this publication.

The statistical significance of the difference in clinical performance was interrogated using McNemar’s hypothesis tests with a 95% confidence interval. For method pairs where the sum of the results in

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**Table 1:** Mass spectrometry settings for the analysis of 25-hydroxyvitamin D3 and 25-hydroxyvitamin D2.

<table>
<thead>
<tr>
<th>Analyte</th>
<th>Ion type</th>
<th>Ion transition (m/z)</th>
<th>Declustering potential</th>
<th>Collision energy</th>
<th>Cell exit potential</th>
</tr>
</thead>
<tbody>
<tr>
<td>25-Hydroxyvitamin D³</td>
<td>Qualifier</td>
<td>401.3→257.3</td>
<td>120</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>25-Hydroxyvitamin D³</td>
<td>Qualifier</td>
<td>401.3→365.1</td>
<td>120</td>
<td>15</td>
<td>35</td>
</tr>
<tr>
<td>25-Hydroxyvitamin D³</td>
<td>Qualifier</td>
<td>413.3→395.2</td>
<td>125</td>
<td>12</td>
<td>30</td>
</tr>
<tr>
<td>D₂5-Hydroxyvitamin D³</td>
<td>Qualifier</td>
<td>407.3→389.3</td>
<td>125</td>
<td>13</td>
<td>20</td>
</tr>
<tr>
<td>D₂5-Hydroxyvitamin D³</td>
<td>Qualifier</td>
<td>407.3→371.3</td>
<td>125</td>
<td>17</td>
<td>30</td>
</tr>
</tbody>
</table>
disagreement was lower than 25, McNemar’s exact binomial test was applied using the mcnemar.exact() function of the ‘exact2x2’ package of R. For the rest of the method pairs, McNemar’s test with continuity correction was employed by running the mcnemar.test() function of the ‘stats’ package. The p-values were adjusted for multiple testing using Hommel’s formula.

All other calculations were performed using Microsoft Excel 2013.

Results

The DL, AA, RE, BA, II, SA and LC-MS/MS assays delivered 25OHD concentrations with the following medians (with ranges in parentheses): 22.0 (5.3–49.6) ng/mL, 27.2 (8.1–70.8) ng/mL, 25.3 (6.6–57.6) ng/mL, 33.1 (5.0–88.2) ng/mL, 24.4 (6.2–44.2) ng/mL, and 32.1 (6.9–70.4) ng/mL, respectively. Only two samples were found to contain 25-hydroxyvitamin D2 (1.25 ng/mL and 2.05 ng/mL) above the limit of quantitation using LC-MS/MS, therefore, the comparison studies are effectively based on the 25-hydroxycholecalciferol levels. The raw assay results are shown in Figure 1.

The results of the comparisons of analytical performance are shown in Table 3. The correlation coefficients of the Passing-Bablok analyses ranged between 0.604 (RE vs. SA) and 0.940 (AA vs. DL). The CCC was between 0.499 (II vs. SA) and 0.876 (AA vs. DL).

The highest proportion of <20 ng/mL results was obtained with DL (39.5%), followed by the RE, AA, BA, SA, LC-MS/MS and II assays (34.0%, 29.6%, 29.0%, 28.1%, 18.5% and 13.6%, respectively, Figure 2). The mean PA
Table 3: Results of the comparison of the analytical performance of the assays involved in the study.

<table>
<thead>
<tr>
<th></th>
<th>BA</th>
<th>DL</th>
<th>II</th>
<th>RE</th>
<th>SA</th>
<th>LC-MS/MS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>n</strong></td>
<td>148</td>
<td>148</td>
<td>148</td>
<td>148</td>
<td>107</td>
<td>148</td>
</tr>
<tr>
<td><strong>PB</strong></td>
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</tr>
<tr>
<td>Slope</td>
<td>0.8893 (0.8008–1.000)</td>
<td>1.215 (1.136–1.293)</td>
<td>1.188 (1.086–1.314)</td>
<td>1.225 (1.114–1.322)</td>
<td>0.930 (0.827–1.057)</td>
<td>1.270 (1.136–1.402)</td>
</tr>
<tr>
<td>Intercept</td>
<td>1.028 (–1.920 to 3.230)</td>
<td>–0.3757 (–2.263 to 1.713)</td>
<td>1.294 (–2.435 to 4.508)</td>
<td>–7.163 (–9.708 to –4.207)</td>
<td>–0.4461 (–3.684 to 2.094)</td>
<td>–1.755 (–5.052 to 2.078)</td>
</tr>
<tr>
<td>r</td>
<td>0.794</td>
<td>0.940</td>
<td>0.863</td>
<td>0.888</td>
<td>0.714</td>
<td>0.832</td>
</tr>
<tr>
<td>Bland-Altman</td>
<td>4.6 (–41.6 to 50.8)</td>
<td>–18.0 (–45.7 to 9.6)</td>
<td>–22.7 (–62.9 to 17.5)</td>
<td>6.8 (–42.1 to 55.8)</td>
<td>4.5 (–41.6 to 50.5)</td>
<td>–17.9 (–58.4 to 22.5)</td>
</tr>
<tr>
<td>CCC</td>
<td>0.785 (0.716–0.839)</td>
<td>0.828 (0.783–0.864)</td>
<td>0.718 (0.649–0.775)</td>
<td>0.876 (0.835–0.908)</td>
<td>0.703 (0.594–0.786)</td>
<td>0.733 (0.662–0.792)</td>
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<tr>
<td><strong>BA</strong></td>
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<td><strong>n</strong></td>
<td>161</td>
<td>161</td>
<td>114</td>
<td>162</td>
<td>154</td>
<td>161</td>
</tr>
<tr>
<td>Slope</td>
<td>1.065 (1.000–1.145)</td>
<td>1.385 (1.268–1.492)</td>
<td>1.625 (0.1473–3.081)</td>
<td>0.887</td>
<td>0.821</td>
<td></td>
</tr>
<tr>
<td>Intercept</td>
<td>1.625 (0.007–3.081)</td>
<td>–1.285 (–4.435 to 1.196)</td>
<td>0.084</td>
<td>0.845</td>
<td></td>
<td></td>
</tr>
<tr>
<td>r</td>
<td></td>
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<tr>
<td>Bland-Altman</td>
<td>–16.1 (–55.1 to 22.9)</td>
<td>–25.6 (–70.3 to 19.2)</td>
<td>–5.5 (–67.1 to 56.1)</td>
<td>0.8 (–46.7 to 48.3)</td>
<td>–20.0 (–58.7 to 18.6)</td>
<td></td>
</tr>
<tr>
<td>CCC</td>
<td>0.828 (0.778–0.868)</td>
<td>0.666 (0.595–0.726)</td>
<td>0.795 (0.736–0.842)</td>
<td>0.730 (0.631–0.805)</td>
<td>0.740 (0.679–0.790)</td>
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<tr>
<td><strong>II</strong></td>
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<td>158</td>
<td>114</td>
<td>161</td>
<td>158</td>
<td>158</td>
<td></td>
</tr>
<tr>
<td>Slope</td>
<td>1.437 (1.350–1.529)</td>
<td>1.434 (1.337–1.544)</td>
<td>1.565 (–0.5032 to 3.697)</td>
<td>0.910</td>
<td>0.846</td>
<td></td>
</tr>
<tr>
<td>Intercept</td>
<td>1.565 (–0.5032 to 3.697)</td>
<td>–6.058 (–8.309 to –3.963)</td>
<td>1.565 (–0.5032 to 3.697)</td>
<td>0.846</td>
<td>0.834</td>
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<tr>
<td>r</td>
<td></td>
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</tr>
<tr>
<td>Bland-Altman</td>
<td>–41.8 (–78.0 to –5.6)</td>
<td>–9.7 (–62.5 to 43.0)</td>
<td>–13.1 (–44.0 to 17.8)</td>
<td>0.8 (–67.3 to –4.9)</td>
<td>0.625 (0.561–0.682)</td>
<td></td>
</tr>
<tr>
<td>CCC</td>
<td>0.572 (0.506–0.630)</td>
<td>0.795 (0.746–0.836)</td>
<td>0.761 (0.681–0.824)</td>
<td>0.761 (0.681–0.824)</td>
<td>0.761 (0.681–0.824)</td>
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<td><strong>RE</strong></td>
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<td>144</td>
<td>114</td>
<td>158</td>
<td>158</td>
<td>114</td>
<td></td>
</tr>
<tr>
<td>Slope</td>
<td>0.9922 (0.9119–1.087)</td>
<td>1.015 (1.004–1.205)</td>
<td>1.015 (1.004–1.205)</td>
<td>0.998 (0.8864–1.109)</td>
<td>1.368 (1.270–1.471)</td>
<td></td>
</tr>
<tr>
<td>Intercept</td>
<td>1.015 (1.004–1.205)</td>
<td>1.022 (1.000–1.150)</td>
<td>1.022 (1.000–1.150)</td>
<td>1.022 (1.000–1.150)</td>
<td>1.022 (1.000–1.150)</td>
<td></td>
</tr>
<tr>
<td>r</td>
<td>0.910</td>
<td>0.897</td>
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</tr>
<tr>
<td>Bland-Altman</td>
<td>–31.2 (–92.3 to 30.0)</td>
<td>27.0 (–1.9 to 73.9)</td>
<td>27.0 (–1.9 to 73.9)</td>
<td>27.0 (–1.9 to 73.9)</td>
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<tr>
<td>CCC</td>
<td>0.684 (0.607–0.748)</td>
<td>0.499 (0.394–0.590)</td>
<td>0.499 (0.394–0.590)</td>
<td>0.499 (0.394–0.590)</td>
<td>0.499 (0.394–0.590)</td>
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<tr>
<td><strong>SA</strong></td>
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<td><strong>n</strong></td>
<td>114</td>
<td>114</td>
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</tr>
<tr>
<td>Slope</td>
<td>0.6889 (0.6037–0.7911)</td>
<td>0.6478 (0.5631–0.7329)</td>
<td>0.6478 (0.5631–0.7329)</td>
<td>0.6478 (0.5631–0.7329)</td>
<td>0.6478 (0.5631–0.7329)</td>
<td></td>
</tr>
<tr>
<td>Intercept</td>
<td>0.6478 (0.5631–0.7329)</td>
<td>0.6478 (0.5631–0.7329)</td>
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<td>0.6478 (0.5631–0.7329)</td>
<td></td>
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<tr>
<td>r</td>
<td>0.741</td>
<td>0.741</td>
<td>0.741</td>
<td>0.741</td>
<td>0.741</td>
<td></td>
</tr>
<tr>
<td>Bland-Altman</td>
<td>22.4 (–19.7 to 64.6)</td>
<td>22.4 (–19.7 to 64.6)</td>
<td>22.4 (–19.7 to 64.6)</td>
<td>22.4 (–19.7 to 64.6)</td>
<td>22.4 (–19.7 to 64.6)</td>
<td></td>
</tr>
<tr>
<td>CCC</td>
<td>0.563 (0.462–0.650)</td>
<td>0.563 (0.462–0.650)</td>
<td>0.563 (0.462–0.650)</td>
<td>0.563 (0.462–0.650)</td>
<td>0.563 (0.462–0.650)</td>
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</tr>
</tbody>
</table>

For Bland-Altman analyses, the percentage differences are shown with the 95% confidence intervals in parentheses. CCC, concordance correlation coefficient; PB, Passing-Bablok regression; r, Pearson’s correlation coefficient.
ranged between 74.1% (DL vs. II, 95% confidence interval: 66.6%–80.6%) and 92.6% (II vs. LC-MS/MS, 87.4%–96.1%). The lowest mean $\kappa$ value was obtained for DL vs. II (0.388), and the highest for AA vs. DL (0.757). The low 95% confidence limits of these values correspond to minimum PA’s of 56.2% and 82.7%, respectively (Figure 3).

The 95% PA confidence intervals showed a close agreement with those obtained by transforming Cohen’s $\kappa$ values into MPA, except for method pairs including II (Figure 3). Increasing the number of samples involved resulted in negligible changes in the PA values from a low, although method-dependent, sample size onwards. The diagrams which illustrate the consistency of PA scores from $n=100$ are provided as Supplementary Material.

The symmetry of the disagreement in the clinical classification of results, along with their statistical significance, is shown by Figure 4. The data indicate that in many combinations either of the two methods was significantly more likely to deliver positive results.

**Discussion**

Information on assay performance is highly valuable for clinical laboratories and clinicians, whether transferring to a new method or comparing test results coming from different laboratories for decision making. In contrast to method evaluation comprising part of the validation process or pre-marketing studies which require the demonstration of assay properties against those of an established reference method with an emphasis on analytical characteristics, comparison studies conducted in a clinical context should focus on the clinical concordance of the assays. A typical setup is the evaluation of a candidate assay versus the method in use on a sample size that can be run within an acceptable framework of costs and time.

In this study, the experimental setup was intended to simulate method comparison in the clinical environment as described above. To this end, both the analytical and the clinical performance of the involved testing methods was compared on a medium-sized sample set. No reference method was used, instead, all of the pairwise combinations of the involved assays were compared.

The Passing-Bablok regressions, Bland-Altman analyses and the CCC values consistently demonstrated the lack of acceptable agreement in the analytical performance of the assays involved (Table 3). In the Passing-Bablok analyses, 1 and 0 fell within the 95% confidence interval of the slope and the intercept, respectively, for only four method pairs (AA vs. BA, AA vs. SA, BA vs. SA and II vs.
LC-MS/MS). The confidence intervals were broad, and the correlation coefficients were by far beneath the limit of acceptability (r = 0.975 according to [27]). The Bland-Altman analyses revealed small (<10%) biases in many comparisons, but the limits of agreement were unacceptably wide in all cases. These findings are similar to those observed by others when these assays were compared to reference methods [28–30].

Despite the poor analytical agreement, the PA was high for all method pairs and within a narrow range (79.0%–89.5%) after excluding the two extreme values (Figure 3). These percentages indicate that the overall clinical concordance is predictable and, for several assay pairs, acceptable. A closer look also reveals, however, two- or even threefold differences in the proportions of positive results obtained using some of the methods (Figure 2). In addition, McNemar’s tests indicated a high degree of asymmetry in the disagreement through significant differences for 14 of the 21 method combinations, with “false positives” (results found to be lower than 20 ng/mL by one method of a pair) being obtained exclusively by one of the methods in six combinations.

Cohen’s κ is the only statistical tool employed in earlier publications to compare the clinical performance of the currently available 25OHD testing methods, nevertheless, its use has been criticized [31]. Figure 3 shows that PA and MPA values are in close agreement for the method pairs except those including II for which the MPA scores are substantially lower. The latter can be attributed to the small number of positive results and the consequently increased range of uncertainty obtained using the II assay. These results indicate that at medium sample size the PA can be used as a valid statistic to predict the degree of agreement, providing an alternative to Cohen’s κ statistic or the derived MPA. Because the variable underlying the PA follows a binomial distribution (agreement/disagreement), the PA statistics are relatively insensitive to sample sizes except when smaller samples sets are used. In contrast, Cohen’s κ statistics and, especially, their standard deviations are very sensitive to the sample size [32, 33]. The chance of the biased interpretation of the PA, a well understood indicator, is predictably smaller than that of Cohen’s κ which, in the comparison of 25OHD assays, has been interpreted consistently using arbitrary thresholds and a vague judgement terminology (“good”, “fair”, etc). PA scores obtained in independent studies can also be compared efficiently which is a considerable challenge regarding the κ statistics due, again, to its dependence on the sample size and on the specific values in the contingency tables.

The results of our study demonstrate that DL delivers significantly more 25OHD results lower than 20 ng/mL than the rest of the assays. Similarly, a significantly lower proportion of these results is obtained using LC-MS/MS and by far the lowest using II. On the other hand, all combinations of AA, BA, RE and SA are similar in their clinical
Concordance including the proportions of sub-cut-off 25OHD concentrations, the PAs and, in line with these, the lack of significant differences in the delivery of positive results.

Three of the methods involved in the study underwent standardization in the VDSP RMP (Table 2). The results of the corresponding Deming regression studies were claimed as 1.01x±2.87, 0.94x±1.34 and 0.93x±2.89 for BA, II and SA with Pearson’s correlation coefficients of 0.95, 0.92 and 0.99, respectively [34–36]. An interesting finding of the present investigation is that the clinical concordance of the results obtained using these assays did not reflect the impact of the standardization process. The Passing-Bablok regression performed on the BA vs. SA results demonstrated an outstanding agreement concerning the slope and the intercept, but, at the same time, a considerable random error component resulting in a correlation coefficient of 0.733. This is in line with the negligible bias and the ±47.5% range in the limits of agreement obtained in the Bland-Altman analysis and with the degree of clinical concordance found (Table 3). The results are far worse for the BA vs. II and SA vs. II comparisons both in analytical and clinical respect, with all three error terms (constant, proportional and random) being sizeable, with a substantial difference identified in the clinical classification of the assay outputs. These findings yield the conclusion that establishing the traceability of assays in the VDSP RMP does not provide sufficient evidence for the equivalence of the testing methods. While the standardization process is undoubtedly desirable for assay harmonization, the direct comparison of methods, both in analytical and clinical respect, seems inevitable in identifying the consequences of a method transfer or the comparison of results delivered by various assays for making clinical decisions.

Our study is not without limitations. First, patient samples were not selected and may include ones with matrix interferences with a selective impact on the results obtained using the various assays. Second, samples had been frozen for a prolonged period which, although no sign of degradation in the patient samples, might have given rise to interferences not typically encountered with freshly assayed specimens. Finally, the employed LC-MS/MS method was validated but not standardized to the VDSP RMP, has not been tested in an external quality assessment scheme and does not resolve epimers from the 25OHD metabolites. Although none of the specimens had been taken from infants under 1 year of age, encountering substantial positive bias in some of the samples due to the presence of the 25OHD3 epimer could not be excluded.

Conclusions

The direct comparison of the analytical and clinical performance of 25OHD assays remains important in the clinical setting. The ratio of positive samples, the PA and the symmetry of disagreement as judged by hypothesis testing are together effective for comparing the clinical performance of 25OHD assays. Transferring to a new method is likely to lead to a detectable change in the 25OHD levels observed in specific patients. The asymmetry of disagreement should therefore be taken into consideration before changing the clinical classification of the vitamin D status. Finally, the interpretation of Cohen’s $\kappa$ values can be improved if transformed into MPA.

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References


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