# Novel mechanisms of GPCR functions: $AT_1$ angiotensin receptor acts as a signaling hub and focal point of receptor cross-talk

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## Abstract

 $AT_1$  angiotensin receptor ( $AT_1R$ ), a prototypical G protein-coupled receptor (GPCR), is the main receptor, which mediates the effects of the renin-angiotensin system (RAS).  $AT_1R$  plays a crucial role in the regulation of blood pressure and salt-water homeostasis, and in the development of pathological conditions, such as hypertension, heart failure, cardiovascular remodeling, renal fibrosis, inflammation, and metabolic disorders. Stimulation of AT<sub>1</sub>R leads to pleiotropic signal transduction pathways generating arrays of complex cellular responses. Growing amount of evidence shows that  $AT_1R$  is a versatile GPCR, which has multiple unique faces with distinct conformations and signaling properties providing new opportunities for functionally selective pharmacological targeting of the receptor. Biased ligands of  $AT_1R$ have been developed to selectively activate the  $\beta$ -arrestin pathway, which may have therapeutic benefits compared to the conventional angiotensin converting enzyme inhibitors and angiotensin receptor blockers. In this review, we provide a summary about the most recent findings and novel aspects of the AT<sub>1</sub>R function, signaling, regulation, dimerization or oligomerization and its cross-talk with other receptors, including epidermal growth factor (EGF) receptor, adrenergic receptors and CB1 cannabinoid receptor. Better understanding of the mechanisms and structural aspects of AT<sub>1</sub>R activation and cross-talk can lead to the development of novel type of drugs for the treatment of cardiovascular and other diseases.

## Keywords

GPCR, angiotensin II, receptor cross-talk, bias, dimerization,

## Abbreviations

 $\alpha_{2C}AR$ ,  $\alpha_{2C}$  adrenergic receptor; AngII, angiotensin II; AT<sub>1</sub>R, AT<sub>1</sub> angiotensin receptor;  $\beta_2AR$ ,  $\beta_2$ -adrenergic receptor; EGFR, epidermal growth factor receptor; GPCR, G proteincoupled receptors; HB–EGF, heparin-binding epidermal growth factor-like growth factor; RAS, renin–angiotensin system; VSMC, vascular smooth muscle cell

## Introduction

The octapeptide (Asp-Arg-Val-Tyr-Ile-His-Pro-Phe) hormone angiotensin II plays a crucial role in the maintenance of blood pressure and fluid homeostasis. It is produced by a two-step cleavage process from the precursor angiotensinogen by protease enzymes, namely renin and angiotensin convertase enzyme (ACE). The AngII effects are mediated by two distinct G protein-coupled receptors (GPCRs), the AT<sub>1</sub> and AT<sub>2</sub> angiotensin receptors, but there is a substantial difference in their importance in favor of the former. The  $AT_1R$  is expressed in numerous tissues and mediates the "classical" physiological actions of circulating AngII on mechanisms including blood pressure regulation, salt-water balance, aldosterone secretion and effects on the central nervous system, such as thirst sensation and regulation of sympathetic outflow [1,2]. In addition, increased AT<sub>1</sub>R activity has been associated with the development of several pathological conditions, including hypertension, heart failure, vascular remodeling, diabetic nephropathy, atherosclerosis and inflammation [2]. Therefore, dampening of  $AT_1R$  activity has enormous therapeutic benefits and has been successfully exploited in the last decades using ACE inhibitors and AT<sub>1</sub>R blockers. However, application of these drugs also hinders the beneficial functions of AT<sub>1</sub>R. In recent years, novel drug compounds with different pharmacodynamic properties were discovered, which are able to selectively activate specific signaling pathways of AT<sub>1</sub>R. These compounds may reduce side effects and/or have advantageous actions in treatment of diseases and could open a new era in  $AT_1R$ -targeted therapies.

In addition, a substantial knowledge has been gained about the main properties of  $AT_1R$ , such as ligand preference, signaling, regulation, and trafficking. However, it is less known how  $AT_1R$  and other plasma membrane receptors affect each other's function, and how these crosstalk mechanisms can be utilized in the clinical practice. The new results in the field of receptor crosstalk can reveal not just new drug targets, but can also explain certain interactions between pharmaceutical compounds. In this review, we highlight the traditional and novel features of  $AT_1$  angiotensin receptor ( $AT_1R$ ), which is a prototypical GPCR, and can be considered as paradigm for other GPCRs not only in its pleiotropic functions and action of mechanisms but also in its clinical importance and druggability.

## Structural aspects of AT<sub>1</sub>R functions

AT<sub>1</sub>R is a member of the rhodopsin family of GPCRs, and shares their common structural architecture [1]. It possesses an extracellular N terminus, an intracellular C terminus and seven highly hydrophobic transmembrane  $\alpha$ -helices (H1-7), connected by three extra- and intracellular loops (ECL1-3 and ICL1-3, respectively). Ligands of GPCRs can be classified as agonists or antagonists. Agonists are capable to induce structural rearrangements in the receptor, achieving an active conformation of the GPCR, whereas antagonists stabilize the inactive state. Our understanding of the structural aspects of GPCR activation has improved strikingly in recent years thanks to the growing numbers of high-resolution GPCR structures. Surprisingly, despite the relatively low sequence homology between GPCRs, the conformational features of the transmembrane helices are considerably conserved [3]. In contrast, the composition of ligand binding pockets is diverse among GPCRs, which ensures the specific recognition of receptor ligands. Accordingly, our knowledge of the interaction between AT<sub>1</sub>R and its specific antagonists (or more precisely: inverse agonists) has hugely improved by the first crystal structures of AT<sub>1</sub>R in complex with the AT<sub>1</sub>R antagonists ZD7155 and olmesartan [4,5]. In good agreement with the previous results of site-directed mutagenesis studies, the ligand binding pocket of AT<sub>1</sub>R is formed by several key residues of ECL2 and the transmembrane helices H1, H2, H3 and H7. With the help of docking simulations, these structures could explain the different binding properties of various receptor blockers. For instance, losartan, an antagonist with a relatively low binding affinity, forms only one salt bridge with the ligand binding pocket, whereas candesartan, an antagonist with insurmountable binding, is speculated to engage  $AT_1R$  with two additional salt bridges [4]. The knowledge of the antagonist-stabilized state may also help to predict the conformational changes of the agonist-stimulated  $AT_1R$ .

## Signal transducers of AT<sub>1</sub>R

Heterotrimeric G proteins initiate the first wave of GPCR signaling (Fig. 1) [6]. Upon agonist activation, the Ga subunit binds to the core region of active GPCRs via the opened cytosolic cavity. This interaction triggers nucleotide exchange of Ga from GDP to GTP and dissociation of  $G\alpha$  from  $G\beta\gamma$ . The separated subunits modulate the activity of downstream effector proteins to induce robust signaling cascades. These signaling mechanisms have wide spectra, including second messenger generation, activation of small G proteins and cytoplasmic tyrosine kinases, regulation of ion channels or transactivation of growth factor receptors. Likewise, G protein-mediated signaling pathways are responsible for the vast majority of  $AT_1R$ -evoked cellular responses [1]. AngII stimulation of  $AT_1R$  is able to activate not just one but various G proteins, such as  $G_{a/11}$ ,  $G_{i/0}$ , or  $G_{12/13}$  [7].  $G_{a/11}$  protein induces the hydrolysis of phosphatidylinositol 4,5-bisphosphate (PIP<sub>2</sub>) into the second messenger inositol trisphosphate (IP<sub>3</sub>) and diacylglycerol (DAG) by activation of phospholipase C $\beta$ , IP<sub>3</sub> triggers intracellular  $Ca^{2+}$  mobilization via binding and opening its calcium channel receptor.  $Ca^{2+}$  is a central regulator of many intracellular proteins and, in co-operation with DAG, also leads to the activation of various protein kinase C (PKC) isoforms [1,2]. Meanwhile, the signal transduction via G<sub>i/o</sub> and G<sub>12/13</sub> proteins lead to inhibition of adenylyl cyclase, regulation of Land T-type Ca<sup>2+</sup> channels and activation of phospholipase D, Rho GTPases or Rho kinase. It seems that the  $G_{q/11}$ -mediated signal transduction mechanisms of AT<sub>1</sub>R prevail in the major physiological target tissues, including kidney, adrenal cortex, vascular smooth muscle and cardiac cells [2].

The first wave of signaling is terminated by the elimination of the GTP bound to  $G\alpha$ and by distinct mechanisms of desensitization [8]. In the course of homologous desensitization, GRK enzymes recognize and phosphorylate agonist-bound GPCRs on serine/threonine residues of the receptor C-tail and/or ICL loops. The phosphorylation contributes to receptor desensitization through promotion of high affinity binding of arrestin proteins [9]. Moreover, since GRKs have a large number of non-receptor targets, they may also act as effectors of GPCR signaling [10]. Although the phosphorylation target sites of the seven GRK isoforms show substantial overlap, there are marked differences as well. It was demonstrated that distinct ligands of the  $\beta_2AR$  initiate different phosphorylation patterns in the cytoplasmic tail of the receptor, "barcode", due to alternative interaction with GRK2 and/or GRK6 [11]. Similarly, different phosphorylation barcode by GRK2/3 and GRK5/6 were suggested in the case of  $AT_1R$  [12,13]. In addition, the C-tail of  $AT_1R$  contains several consensus PKC phosphorylation sites [14]. Phosphorylation by PKC can be induced by activation other plasma membrane receptors and occurs not only in the active but the inactive state of the receptor. This mechanism of regulation of  $AT_1R$  sensitivity is termed as heterologous desensitization.

GRK-phosphorylation of agonist-bound  $AT_1R$  is followed by the recruitment of  $\beta$ -arrestins.  $\beta$ -arrestins are multi-functional adaptor proteins of GPCRs. The two  $\beta$ -arrestins ( $\beta$ -arrestin1 and  $\beta$ -arrestin2) are expressed ubiquitously in mammalian tissues, and show high sequence and structural homology [9]. Their major roles are identical, but several isoform-specific functions were also reported (reviewed in [15]). They bind receptors in a two-step process [16]. First,  $\beta$ -arrestins interact with receptor-attached phosphates, then dock to the

intrahelical cavity of the activated GPCR. The binding of  $\beta$ -arrestin to the GPCR core sterically prevents the further activation of G proteins. Moreover, activated  $\beta$ -arrestins can interact with numerous adaptor proteins involved in the endocytic cargo transport [8]. Association of  $\beta$ -arrestin with the  $\beta_2$ -appendage of adaptor protein 2 induces translocation of the GPCR- $\beta$ -arrestin complex to clathrin-coated pits, which step is followed by internalization mediated by clathrin-coated vesicles.  $AT_1R$  interacts with  $\beta$ -arrestins in sustained manner, due to strong interaction of β-arrestins with phosphorylated C-terminal serine/threonine clusters [17,18]. Because of the stable interaction,  $AT_1R$  and  $\beta$ -arrestins internalize together as a complex. This allows  $\beta$ -arresting to govern the intracellular trafficking of the receptor [8]. Basically, receptors can have two fates after endocytosis (Fig. 2). They can be degraded in lysosomes or be recycled to the plasma membrane via fast and/or slow recycling endosomes. During recycling, the receptor ligands detach from the receptor due to lower pH in endosomes, and the receptor is dephosphorylated by protein phosphatases. These processes induce resensitization of the receptor, i.e. they are able to respond to agonists again. Sustained  $\beta$ -arrestin binding of AT<sub>1</sub>R favors late endosomal and lysosomal trafficking, inducing its β-arrestin-independent down-regulation [8]. Furthermore, and caveolae-mediated internalization routes of  $AT_1R$  have also been described [19].

Initially, β-arrestins were considered only as negative regulators of GPCR functions by mediating receptor desensitization and internalization. It is now widely-accepted that they have much broader roles, as they are central organizers of distinct signaling cascades [16]. As scaffolds, they orchestrate a vast array of signaling proteins, such as various mitogenactivated protein kinases (MAPK), phosphoinositide 3-kinase, Akt or protein phosphatase 2A [16,20,21]. In that function,  $\beta$ -arrestins fine tune a second wave of GPCR signaling. This signaling is substantially different from the first wave regarding its temporal, spatial and mechanistic features [6]. One of the most known β-arrestin-mediated function is the modulation of MAPK activation. Various MAPK cascade members are regulated by βarrestins upon AT<sub>1</sub>R activation, including Raf1, MEK, ERK, p38 MAPK and JNK [16]. The formation of AT<sub>1</sub>R-β-arrestin–MAPK complexes alter the localization of MAPK activation. These complexes keep activated MAPKs away from the nucleus, thereby preventing the induction of their transcriptional response [20]. On the other hand, the  $\beta$ -arrestin-bound MAPK complexes can phosphorylate and regulate other target proteins, which are brought in proximity as well by  $\beta$ -arrestins.  $\beta$ -arrestins were shown to interact with hundreds of signaling proteins, indicating that  $\beta$ -arrestins are central regulators of complex signaling networks [22,23]. Among a wide range of functions,  $\beta$ -arrestins regulate cytoskeletal rearrangements, chemotaxis, or protein synthesis. In the light of these observations, it is not surprising that  $\beta$ arrestins were demonstrated to mediate a plethora of  $AT_1R$  effects, such as positive inotropy in the heart, cardiac hypertophy or proliferation of cardiomyocytes [24–26].

Interestingly,  $\beta$ -arrestins show a remarkable degree of conformational plasticity [9]. They can adopt multiple active conformations with distinct signaling properties. An important determinant of the  $\beta$ -arrestin conformation is the receptor C-terminal phosphorylation barcode [16]. Different phosphorylation motifs induce distinct  $\beta$ -arrestin conformational changes, which provides the possibility to evoke distinct AT<sub>1</sub>R induced cellular responses [12]. In addition, activated  $\beta$ -arrestins are ubiquitinated by ubiquitin ligases, such as Mdm2 [27]. Interestingly, the ubiquitination patterns of  $\beta$ -arrestin may differ in the distinct active conformations, which may contribute to the fine regulation of  $\beta$ -arrestin-mediated response [27].

Recent data suggest that the  $\beta$ -arrestin-mediated second signaling wave is dependent on G proteins, suggesting that  $\beta$ -arrestins, in fact, broaden the signaling options of G proteins by governing their signaling in time and space [28]. Interestingly, several GPCRs have been reported to generate a third, sustained signaling wave from endosomes after internalization [29,30]. Interestingly, GPCR–G protein– $\beta$ -arrestin supercomplexes have been identified to be responsible for the sustained endosomal signaling [31]. In contrast to the generally believed competition between G proteins and  $\beta$ -arrestins, in this complex G $\alpha$  binds to the receptor core and  $\beta$ -arrestin interacts with the phosphorylated C-tail of the same receptor. These results were obtained with G<sub>s</sub> protein-coupled GPCRs, and it would be curious to investigate whether the mainly G<sub>q</sub>-coupled AT<sub>1</sub>R could form such complexes as well. These data shed light on the complex interplay between the GPCR transducers and suggest that spatiotemporal features of signaling are more prominent than they were previously supposed.

In addition to the above-mentioned effectors, GPCRs also have numerous other interacting partners. These proteins can be either plasma membrane proteins such as ion channels, transporters, various serine/threonine-specific protein kinases, cytoskeletal proteins, Src homology and PDZ domain-containing proteins, small G proteins or extracellularly located adhesion molecules [32]. Accordingly, AT<sub>1</sub>R was shown to interact with wide spectra of other proteins beside G proteins and  $\beta$ -arrestins, such as AT<sub>1</sub>R-associated protein (ATRAP), phospholipase C $\gamma$ , JAK2 or other GPCRs, just to name a few, which may also take important parts in the complex pleiotropic effects of AT<sub>1</sub>R in the target tissues of the reninangiotensin system (RAS) [1].

## Biased agonism of AT<sub>1</sub>R

 $\beta$ -arrestin binding and internalization of AT<sub>1</sub>R and other GPCRs does not require G protein activation [28,33–35]. Although recent data suggest that  $\beta$ -arrestin-mediated signaling of GPCRs requires G protein activation [28], β-arrestin binding and its effect on receptor regulation is G protein independent, therefore compounds that selectively activate G proteins and  $\beta$ -arrestin binding (biased or functional selective compounds) can modify the intracellular fate of receptors, which may have the rapeutic relevance. It was speculated that  $AT_1R$  may adopt multiple active conformations with distinct signaling properties, and conformationspecific targeting of AT<sub>1</sub>R could offer the intriguing possibility of pathway-selective intervention. Evidence for this concept is the successful development of  $\beta$ -arrestin-biased peptide agonists [36]. These peptides induced no or partial activation of G proteins, while they triggered efficient receptor phosphorylation and  $\beta$ -arrestin recruitment (Fig. 3A-B) [7,35]. Using AT<sub>1</sub>R conformational biosensors, it was demonstrated that the conformations stabilized by β-arrestin-biased peptides are indeed distinct from that of the AngII-induced conformation [37]. These biased peptides lack the aromatic amino acid in position 8, the indispensable residue for adoption of the G protein-activating conformation of  $AT_1R$ . The first such a peptide was [Sar<sup>1</sup>, Ile<sup>4</sup>, Ile<sup>8</sup>]-AngII, which was then followed by a series of higheraffinity ligands including, TRV120023 or TRV120027 [38]. These peptides revolutionized AT<sub>1</sub>R pharmacology and unveiled new aspects of AT<sub>1</sub>R functions [39]. In addition, they show not only selective activation of the β-arrestin-mediated signaling pathway but change the intracellular trafficking of  $AT_1R$  [40,41]. The altered intracellular fate upon treatment with  $\beta$ arrestin-biased compounds may be explained by the interesting finding that they also induce a different active conformation of the  $\beta$ -arrestin [42,43]. In addition, lack of G<sub>a</sub>-dependent hydrolysis of PIP<sub>2</sub>, a known determinant of endocytosis [44], accelerates internalization of the receptor, which may have profound effects on the spatiotemporal features of signaling (Fig. 2) [40,45]. Moreover, these results offer the intriguing possibility that biased agonists could be applied in diseases where the intracellular receptor processing should be changed. The unique pharmacodynamic properties of biased agonists were also demonstrated in vivo, as they possessed beneficial effects on cardiac contractility and performance [38,46]. Unfortunately, although promising results were obtained with TRV120027 for the treatment of acute heart failure in animal studies [39,47], it failed to deliver the expected results in a Phase II clinical trial [48]. However, long-term treatment with another  $\beta$ -arrestin-biased peptide, TRV120067

was shown to have benefits compared to losartan treatment in a mouse model of dilated cardiomyopathy [49]. This suggests that chronic treatment with biased agonists could still be useful in the therapeutic strategies of some cardiovascular diseases. Although  $\beta$ -arrestinmediated signaling pathways were mostly suggested to be beneficial,  $\beta$ -arrestin activation could also have adverse side effects. In the treatment of certain conditions, such as aldosterone overproduction, the preferable medicines will still probably be the full antagonists of AT<sub>1</sub>R, such as candesartan or valsartan, since the use of  $\beta$ -arrestin-biased compounds may lead to aldosterone escape [50], due to the fact that the aldosterone production is partly  $\beta$ arrestin mediated in response to AngII [51].

#### AT<sub>1</sub>R as a stretch mechano-sensor

There is a growing number of evidence that  $AT_1R$  not only behaves as a hormone receptor, but also serves as a sensor of membrane stretch [52–55]. In that function,  $AT_1R$  is activated in the absence of ligand binding and shows biased signaling properties. Upon osmotic stretch,  $AT_1R$  binds  $\beta$ -arrestin in a  $G_{i/o}$  activity dependent manner, but does not activate  $G_{q/11}$  proteins [55]. These processes are followed by the transactivation of epidermal growth factor receptor (EGFR) and activation of ERK [55]. This mechanism was suggested to mediate the Frank-Starling law of the heart, i.e. the enhanced contraction response upon increased ventricular filling [56].

#### AT<sub>1</sub>R as a signaling hub

It was generally believed that the signal transduction of  $AT_1R$  requires ligand binding and/or adoption of its active conformation. As reviewed above, activated  $AT_1R$  induces a plethora of signaling pathways, in contrast to inactive  $AT_1R$ , which was thought to be silent in terms of signaling. It has been demonstrated that pharmacological activation of PKC causes βarrestin2 recruitment to AT<sub>1</sub>R even in the absence of receptor agonists [57]. Moreover, stimulation of either epidermal growth factor receptor or a distinct G<sub>q/11</sub>-coupled GPCR, such as  $\alpha_{1A}$ -adrenergic receptor or endogenous purinergic receptors could exert the same effect, proving that the interaction can be triggered at physiological levels of PKC activation (Fig. **3C**). It was also found that this heterologous mechanism of  $\beta$ -arrestin recruitment to AT<sub>1</sub>R was not sensitive to treatment with the inverse agonist candesartan, showing that this process does not require the active state of the receptor. However, it depends on stable association between the PKC-phosphorylated serine/threonine clusters in the receptor's C-terminus and two conserved phosphate-binding lysines of  $\beta$ -arrestin2. Using  $\beta$ -arrestin2 conformational biosensors it was demonstrated that  $\beta$ -arrestin2 binds to PKC-phosphorylated AT<sub>1</sub>R in a distinct conformation. Moreover, this conformation is also active functionally, since it triggers MAPK recruitment and receptor internalization with altered intracellular receptor trafficking. Taken together, the unliganded, but phosphorylated  $AT_1R$  is able to recruit  $\beta$ -arrestins and consequently, the inactive AT<sub>1</sub>R may also participate in signaling as a scaffold protein [57]. This mechanism could be particularly important in the cases of receptors, like  $\alpha_{1A}$ -adrenergic receptor, which do not interact with  $\beta$ -arrestins, since the presence of AT<sub>1</sub>R could aid them to initiate  $\beta$ -arrestin dependent signaling. Since phosphorylation of AT<sub>1</sub>R is induced by a variety of other receptors, the  $\beta$ -arrestin activation by heterologously-phosphorylated AT<sub>1</sub>R may represent a central cross-talk mechanism for regulation of signal transduction.

#### Transactivation mechanisms driven by AT<sub>1</sub>R

#### Cannabinoid receptor regulation by AT<sub>1</sub>R

Cannabinoid receptors ( $CB_1$  and  $CB_2$  receptors) were first recognized as the targets of the phytocannabinoid tetrahydrocannabinol, the active compound of marijuana [58,59]. Later

on, anandamide and 2-arachidonoyl glycerol (2-AG) were described as the main endocannabinoids produced in brain and other tissues [60]. The role of 2-AG as a cannabinoid receptor ligand was an intriguing finding, since it is produced from DAG by DAG lipase (DAGL) [61]. Since DAG is produced after G<sub>q</sub> protein activation, and DAGL is expressed widely in many tissues, we have hypothesized that AT<sub>1</sub>R stimulation may lead to production of 2-AG. Indeed, 2-AG is produced in cell culture models after stimulation of the AT<sub>1</sub>R with AngII, leading to activation of the  $CB_1$  cannabinoid receptor ( $CB_1R$ ) in both autocrine and paracrine manner (Fig. 3E) [62,63]. Moreover, it has been shown later, that in different arteries [64–67] and central nervous system  $AT_1R$  function is altered by  $CB_1R$  activation, which effects are dependent on DAGL activity [68]. AngII itself induces contraction in rat and mouse aorta and coronary, renal, skeletal, muscle and pulmonary arteries, and this effect is attenuated through the parallel induction of 2-AG production and activation of CB<sub>1</sub>R [64-67]. This mechanism may serve as a fine-tuning negative feedback regulation in the vasomotor system, dampening the effects of many Gq-coupled receptors in vascular smooth muscle cells (VSMCs), which may serve as a protection mechanism from overactivation. Although the interaction between the RAS and the cannabinoid system seems to be present in the arteries, identification of the precise cellular location of the individual elements requires additional studies.

AT<sub>1</sub>R–CB<sub>1</sub>R interaction is not limited to the regulation of endocannabinoid release. In and AngII-induced PKC-mediated phosphorylation heterologous rat astrocytes, desensitization of the cannabinoid receptors [69]. In these cells, CB<sub>1</sub>R activity inhibits the MAP kinase pathway, and desensitization may regulate the balance between active and inactive receptors after activation through endocannabinoid release. Alternatively, CB<sub>1</sub>R receptor signaling bias might be regulated through PKC-mediated phosphorylation, although these aspects of the interaction have not been yet investigated. On the other hand, AT<sub>1</sub>R-CB<sub>1</sub>R heterodimerization has also been reported in Neuro2A cells, where AT<sub>1</sub>R-induced full ERK1/2 required expression of the  $CB_1R$  [70]. Together, these data show that there may be multiple levels of interaction between RAS and the cannabinoid system, which may be distinct in different tissues and cell types. They also suggest that autocrine and paracrine activations of CB<sub>1</sub>R might be not just spatially, but also functionally different.

## EGFR transactivation by AT<sub>1</sub>R

It is very characteristic for the  $AT_1R$  that several cellular responses upon AngII stimulation are mediated by receptor tyrosine kinases, among which the EGFR plays the most important role in the cardiovascular system [71] and in other tissues, such as hepatocytes [72]. The EGFR transactivation is mediated via calcium signal and matrix metalloprotease (ADAM) activation, which causes the cleavage of heparin-binding epidermal growth factor-like growth factor (HB–EGF) resulting in agonist release for the EGFR stimulation (**Fig. 3E**) [73]. It turned out that this mechanism is crucial for several pathological effects of AngII, including cardiac and vascular remodeling, and the pharmacological inhibition of ADAM17 can be promising new possibility in treatment of hypertension [74]. Although EGFR transactivation seems to be the most important among growth factor receptor transactivation pathways, other growth factor receptor transactivation mechanisms in physiological target cells, such as VSMCs, were demonstrated in response to AngII stimulation [75].

#### Dimer formation of AT<sub>1</sub>R with other GPCRs

It is now widely accepted that  $AT_1R$  is capable to form higher order complexes, i.e homodimers/oligomers and heterodimers/oligomers with other GPCRs. Several GPCR-AT<sub>1</sub>R heterodimers were published, including adiponectin receptor [76],  $\alpha_{2C}$ -adrenergic receptor

(α<sub>2C</sub>AR<sub>)</sub> [77], apelin receptor [78], β<sub>2</sub>AR [79], bradykinin B<sub>2</sub> receptor [80], CB<sub>1</sub> cannabinoid receptor [70], chemokine (C-C Motif) receptor 2 [81], prostaglandin  $F_{2\alpha}$  receptor [82] and purinergic P2Y<sub>6</sub> receptor [83]. Interestingly, several dimers have been associated with altered ability to activate G protein and/or  $\beta$ -arrestins (Fig. 3D). For instance, several studies have demonstrated that homodimerization has negative allosteric effect on AT<sub>1</sub>R function [84–86], and recently the structural requirements of homodimer formation were proposed [87]. In addition, heterodimerization between the mainly  $G_{i/o}$ -coupled  $\alpha_{2C}AR$  and  $G_{q}$ -coupled  $AT_1R$ was shown to change their G protein preference, and switches to G<sub>s</sub> proteins and cAMP signaling [77]. Furthermore, altered pharmacological profile of the heterodimerized AT<sub>1</sub>R and  $\beta_2$ AR has been demonstrated. Antagonist binding of either receptor was found to induce transinhibition of the other protomer, i.e. one antagonist could block the G protein activation of both receptors [79]. The AT<sub>1</sub>R- $\beta_2$ AR heterodimer also influences the  $\beta$ -arrestin binding properties [88]. Dual agonist occupancy potentiates the  $\beta_2AR-\beta$ -arrestin recruitment without affecting the  $\beta$ -arrestin binding of AT<sub>1</sub>R.  $\beta$ -arrestin biased AT<sub>1</sub>R agonists, in contrast to the conventional AT<sub>1</sub>R antagonists, could also evoke this phenomenon [88]. These results suggest that some pharmacological effects of  $\beta$ -arrestin-biased AT<sub>1</sub>R agonists may be transmitted by the regulation of  $\beta_2$ AR leading to unexpected side effects of these drugs. However, it must be noted that physical interaction between receptor dimer partners, was mostly demonstrated using methods prone to inherent errors, and several parallel independent experimental approaches, as well as careful experimental design [89] is needed to verify many of these findings.

#### AT<sub>1</sub>R in diseases

The overactivity of AT1R is detrimental, induces pathophysiological conditions, and frequently associated with various diseases especially in the cardiovascular system and in the kidney. Due to the complexity of the AT<sub>1</sub>R signaling, the various cell/tissue/organ dysfunctions could be promoted by several parallel mechanisms. The growth factor transactivation (mainly EGFR) is accounted as the key player in AngII-induced maleficent cardiac and vascular hyperplasia and hypertrophy [90]. In addition, excessive AngII-induced reactive oxygen species (ROS) production can lead to oxidative stress within the cells by promoting lipid, protein, and nucleic acid oxidations. Depending on the type of cells the oxidative stress itself can result in endothelial dysfunction, cardiovascular remodeling, hypertension, cardiac and vascular smooth muscle cell hypertrophy, diabetes, atherosclerosis [91]. AngII also induces inflammatory signals [92], and the proinflammatory actions of AT<sub>1</sub>R were implicated in the development of several diseases including hypertension, myocardial and renal fibrosis [93,94]. On top of the cardiovascular and renal symptoms, the deleterious AngII signaling is also implicated in metabolic diseases and diabetes based on the results of clinical studies using various AT<sub>1</sub>R blockers [95,96]. The mechanisms which lead to those conditions are not fully understood, although it is well established that insulin resistance can be caused by excessive AngII action and the blockade of RAS improves the insulin sensitivity [97].

## **Concluding remarks**

In recent years, the high-resolution crystal structures of antagonist-bound  $AT_1R$  greatly improved our understanding of the molecular aspects of  $AT_1R$  functions. However, there is still an urgent need for the structures of both unbiased and biased agonist-bound  $AT_1Rs$ , which could aid the development of biased compounds with better pharmacodynamic profile. Although TRV120027 failed in a trial of acute heart failure, investigation of biased drugs in other diseases is highly desirable to answer whether these compounds be could be applied in clinical practice. The new insights of receptor cross-talk mechanisms showed that  $AT_1R$  is much more complex than previously appreciated. Further studies are needed to answer whether the cross-talk mechanisms of  $AT_1R$  could be successfully targeted in the treatment of diseases.

# **Practice points:**

- Recent results of biased agonism help to understand how different drugs acting on the same GPCR can have different pharmacological effects.
- The wide array of therapeutic effects of ACE inhibitors and AT<sub>1</sub>R blockers, including blood pressure control, renoprotection, amelioration of peripheral inflammation, and beneficial effects in metabolic disorders, are mediated not only by dampening RAS activity but most likely also by hindering the endocannabinoid and growth factor receptor tyrosine kinase pathways.
- Drug interactions can be caused by receptor cross-talk mechanisms.
- Exploitations of receptor interactions and biased agonism offer the possibility of new therapeutic strategies in the near future

# **Research agenda:**

- Determination of high-resolution structures of unbiased and biased agonist-bound  $\ensuremath{AT_1R}$
- Elucidation of the spatiotemporal properties of  $AT_1R$  actions and the role of internalized receptors in G protein activation and signaling
- Development of novel biased AT<sub>1</sub>R agonists with better pharmacokinetic and dynamic profiles
- Investigation of the effects of biased compounds in different disease models

# **Conflict of interest**

The authors declare that there is no conflict of interest.

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**Figures:** 

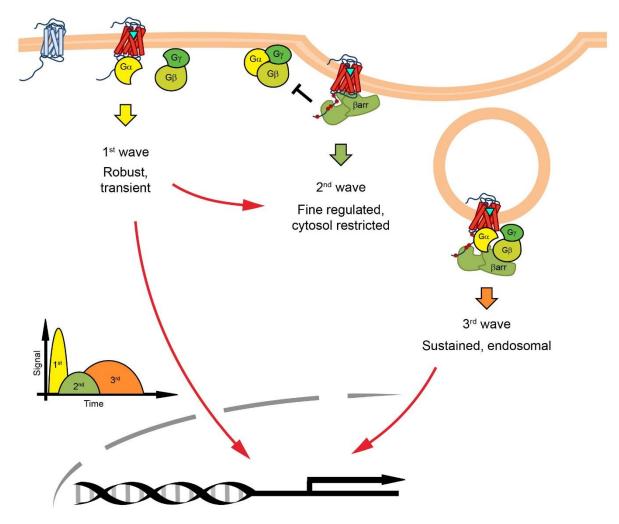


Figure 1. Signal generation of ligand stimulated GPCR

The activation of a GPCR usually initiates multiple and complex signaling pathways in the target cells. The first wave of signaling depends on the G protein coupling and second messenger production. The  $\beta$ -arrestin binding not just decouple the receptor from G protein but serving as a signaling scaffold initiates the slightly delayed second,  $\beta$ -arrestin-mediated wave of receptor signaling. Recent evidences revealed that the internalized receptors are also capable to organize a third wave of signaling, which results in sustained cell response.

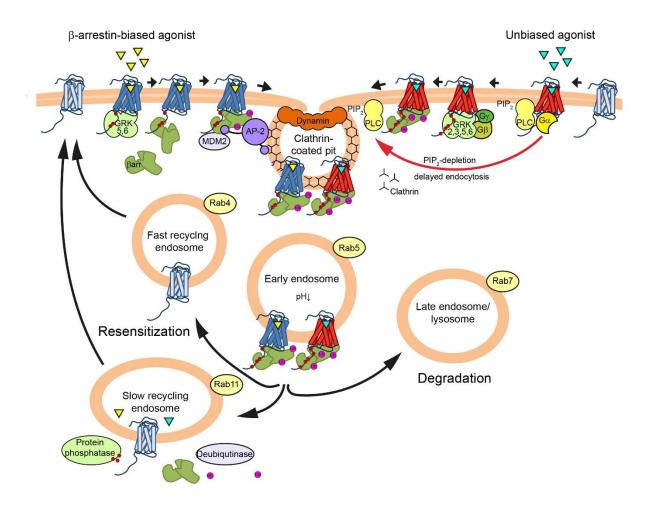
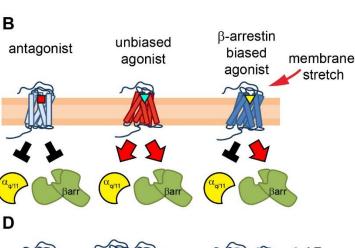
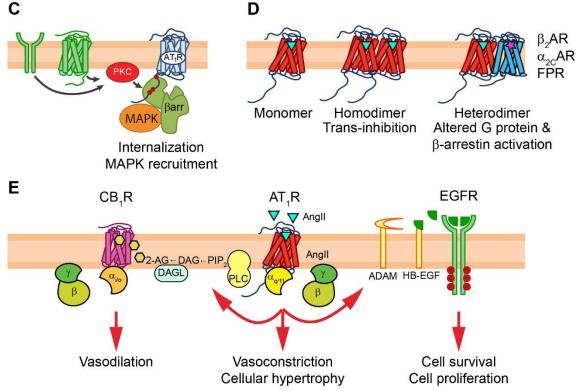


Figure 2. Intracellular trafficking of AT<sub>1</sub>R

Agonist stimulation of AT<sub>1</sub>R leads to endocytosis predominantly via a  $\beta$ -arrestin- and dynamin-dependent mechanism. The internalized receptors can either be degraded through the late endosomal/lysosomal route or be resensitized and recycled to the cell surface by recycling endosomes. The  $\beta$ -arrestin-biased AT<sub>1</sub>R peptides promote distinct and accelerated trafficking of the receptor due to the lack of PIP<sub>2</sub> depletion in the plasma membrane and the different  $\beta$ -arrestin binding properties.





## Figure 3. Pleiotropic functions of AT<sub>1</sub>R signaling

Α

AT<sub>1</sub>R acts as multifaceted organizer of signal transduction processes. (A) AT<sub>1</sub>R can interact with various effector proteins, including  $G_{q/11}$ ,  $G_{i/0}$ ,  $G_{12/13}$  proteins and  $\beta$ -arrestin molecules. (B) Binding of ligands with different pharmacodynamic properties or membrane stretch can promote distinct conformational rearrangements in the receptor, leading to alternative signaling outcomes: blockade or activation of distinct downstream effectors. (C) The inactive AT<sub>1</sub>R acts as a focal point of signaling of other plasma membrane receptors via  $\beta$ -arrestin recruitment. (D) AT<sub>1</sub>R can function in distinct molecular compositions. Homodimerization of AT<sub>1</sub>R induces allosteric trans-inhibition in the dimer partners, whereas the heterodimerization with other receptors can alter the G protein preference and/or the  $\beta$ -arrestin binding properties. (E) Transactivation mechanisms driven by AT<sub>1</sub>R. In many cell types, AT<sub>1</sub>R acts also via transactivation of other receptors, including growth factor receptor transactivation (i.e. CB<sub>1</sub>R).