CLINICAL RESEARCH

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miRNA Profiling of Hungarian Regressive Wilms'



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Avail

Background

Wilms' tumor (nephroblastoma) is known to account for the vast majority (>90%) of childhood kidney malignancies, with an incidence ranging from 4.9 to 16.4 per 1 million children [1]. Management protocol recommended by SIOP (International Society of Paediatric Oncology) consists of 4-6 weeks of preoperative chemotherapy followed by surgical treatment. Postoperative treatment depends on the histology found in the surgical sample [2]. If more than two-thirds of the tumor mass shows chemotherapy-induced changes, the tumor is classified as regressive regardless of its histology. Non-regressive cases are further classified on the basis of the predominant cell type: blastemal, stromal, or epithelial. Focal or diffuse anaplastic changes may also occur and are associated with poor prognosis [3].

In non-anaplastic tumors, the presence of surviving blastemal tissue after preoperative chemotherapy is an important prognostic factor. According to the SIOP classification, regressive and blastemal are the 2 most common types of Wilms' tumor, with the former showing the best long-term survival and the latter the poorest [4].

miRNAs (microRNAs) are a class of short, noncoding endogenous RNA molecules known to affect gene expression at the transcriptional and post-transcriptional level [5]. Their deregulation has been implicated by many authors in Wilms' tumor, particularly the loss of let-7a and miR-200 family miRNAs due to mutations in miRNA processing genes [6,7] or the activity of oncogenes such as *MYCN* and *LIN-28B* [8]. The exact role of miRNAs in the pathogenesis of Wilms' tumor is still poorly understood. It is thought that a variety of germ-line and somatic mutations trigger a more or less common downstream deregulation pattern in renal progenitor cells involving regulatory RNAs such as miRNA [6], ultimately resulting in a differentiation arrest: a failure of mesenchymal-to-epithelial transition [9].

Differences between miRNA signatures of blastemal and regressive Wilms' tumors have been reported in the literature and are thought to be related to chemoresponsiveness [10]. In the present study, our aim was to find relevant, and possibly novel, miRNA deregulations from FFPE (formalin-fixed, paraffin-embedded) samples of a regressive Wilms' tumor patient by PCR array, and study a narrower, hand-picked subset of miRNAs in the rest of our samples using individual primers, thereby contributing to our understanding of molecular factors behind the pathogenesis and chemoresponsiveness, and providing evidence for or against the feasibility of using FFPE samples for miRNA extraction.

Material and Methods

Patients

Our study population consisted of 10 white Hungarian patients diagnosed with unilateral regressive Wilms' tumor at an age of 1 to 7 years, with a median age of 3 years (**Table 1**). Chemoand surgical therapy were administered according to the SIOP

Table 1. Data on enrolled patients and FFPE samples with obtained miRNA concentrations.

Patient ID	Age (in years)	Sex	Age of FFPE sample (in years)	Histology	miRNA concentration in tumor	miRNA concentration in control
1	1	F	6	Stromal	57.2 ng/μl	>75 ng/µl
2	2	F	6	Triphasic	18.1 ng/µl	>75 ng/µl
3	3	М	6	Blastemal	16.7 ng/μl	16.5 ng/μl
4	7	М	9	Triphasic	>75 ng/µl	5.7 ng/μl
5	3	F	7	Blastemal	28 ng/µl	>75 ng/µl
6	3	М	8	Blastemal	15.5 ng/μl	>75 ng/µl
7	3	F	6	Stromal	31.7 ng/µl	58.5 ng/μl
8	3	F	5	Triphasic*	>75 ng/µl	>75 ng/µl
9	7	F	7	**	-	-
10	2	F	7	**	-	-

* Histology was somewhat unusual in this case, as nearly all blastema was necrotic and viable elements in the tumor were mostly stromal. ** These samples were almost completely necrotic: histology could not be assessed. miRNA extraction also failed, probably due to a lack of viable cells, so they were excluded from the rest of the study (see main text).

WT 2001 protocol. MRI was used to assess tumor regression after completing preoperative chemotherapy, and the diagnosis of regressive Wilms' tumor (and inclusion in the present study) was decided at this point. Patients 2 and 4 had triphasic tumors, meaning that tumor tissue contained viable blastemal, stromal, and epithelial cells after preoperative chemotherapy. Patient 8 was an unusual histological case in which blastemal Wilms' tumor elements were necrotic, and viable parts of the neoplasm were mostly stromal. Patient 9 seemed to have multiple metastatic lesions in the lungs at the time of diagnosis, which were removed, but viable tumor cells were not observed in surgical samples. The final diagnosis was pulmonary fibrosis and the patient achieved remission. Patient 6 had a relapse resulting in local, intrapulmonary, and pleural metastases 8 months after diagnosis, which were surgically removed. Unfortunately, he did not show any response to subsequent adjuvant chemo- and radiotherapy, and he eventually died. All other patients remained in remission during follow-up.

Sample Handling

Analyzed FFPE samples were from children aged 5 to 9 years (median: 6.5 years) (**Table 1**). They were all prepared following the UMBRELLA protocol: surgical samples were subjected to immediate 24-h fixation in formaldehyde, then dehydrated by increasing concentrations of ethanol and embedded in paraffin wax. We needed 2 FFPE samples per patient – a case and a control – taken from the same kidney. As tumor samples, we used sections showing sufficient presence of non-necrotic tumor cells (this was not possible in Patients 9 and 10, forcing us to use necrotic tissue). Sections from adjacent tissue samples confirmed to be tumor-free were used as controls.

RNA Extraction and Reverse Transcription

We followed laboratory protocols as published before by our group and others [11,12]. We extracted miRNA from all samples using a miRNeasy FFPE Kit (Cat No. 217504) by Qiagen (Hilden, Germany), noted for its good performance [13]. Reverse transcription to obtain cDNA was performed using miScript II RT Kits (by Qiagen, Cat No. 218160). DNA was stored at -20°C for up to a few days until a PCR experiment was performed. Obtained miRNA and cDNA (complementary DNA) concentrations were adequate in 8 cases, but extraction was unsuccessful in 2 (both produced overwhelmingly necrotic tumor samples with a minimal number of viable cells remaining) which were excluded from further research (**Table 1**).

Pilot Experiment with qRT-PCR Arrays

A pilot experiment with a single set of samples was designed to identify miRNA deregulations interesting enough to be studied in the rest of the samples. We used 2 SYBR Green-based 96-well miScript miRNA PCR Arrays (by Qiagen, Cat No.: 331221 MIHS-112ZF) containing, in addition to endogenous and exogenous controls, primers for 80 mature miRNAs and 4 miR-NA precursors known as pathogenic in prostate cancer and presumed to be relevant in other types of genitourinary cancer such as Wilms' tumor. Tumor and control cDNA samples from Patient 1 were amplified using the Roche LightCycler 96 PCR system. PCR reactions were initiated by a 15-min activation step at 95°C, consisting of 3-step cycling (denaturation for 15 s at 94°C, annealing for 30 s at 55°C, and extension for 30 s at 70°C) continued for 40 cycles. Data were evaluated by Roche's own software LightCycler® 96, and analyzed according to the $\Delta\Delta$ Ct method [14], using a single endogenous control gene SNORD61 (small nucleolar RNA U61) to ensure an easy comparison between the pilot arrays and later experiments. The reliability of SNORD61 as an endogenous control is supported both by the literature on malignancies of various origin [15,16] and by our own earlier data on Wilms' tumor [11]. FC (fold change) is defined as $2^{-\Delta\Delta Ct}$ [14], and FC values are shown on a logarithmic scale (hence, log,FC equals the opposite of $\Delta\Delta$ Ct).

PCR Experiments with Individual Primers

Assessing results from the pilot experiment and comparing them to literature data and to our previous results with non-regressive tumors [11], we chose 4 miRNAs to study in the rest of the samples: miR-128-3p, miR-184, miR-194-5p, and miR-203a (for the rationale of miRNA selection, see Discussion). Next, we used miScript Primer Assays provided by Qiagen for the 4 chosen miRNAs and our endogenous control SNORD61 (Cat No. MS00008582, MS00003640, MS00006727, MS00003766, and MS00033705, respectively). We amplified target sequences from tumor and control cDNA samples of each patient by the Roche LightCycler 96 PCR instrument also used for the pilot arrays. All other experimental (including PCR) conditions and reagents were the same as well, with 1 exception: 96-well PCR plates allowed for technical triplicates, so we used median Ct values to calculate $\Delta\Delta$ Ct and fold change. Statistical tests were not performed because of the small sample size. This is an important limitation of our study.

Database Search

Finally, we used MIENTURNET, a tool to search online databases or reveal and visualize a network of potential or validated miRNA targets [17]. Our query included miR-184, miR-194-5p, and miR-203a, while as a filter, we picked miRTarBase, a database containing experimentally validated targets only, with methods divided into 2 major categories: "strong" (eg, luciferase assays and Western blotting) and "weak" (eg, CLIP [cross-linking immunoprecipitation]).

Table 2. Ct values and fold changes obtained in the pilot experiment by PCR array from tumor and control samples of Patient 1 using SNORD61 as endogenous control. Log₂FC is the logarithm of fold change, defined as the opposite of ΔΔCt.

	miRNA	Ct (tumor)	Ct (control)	Log ₂ FC
	let-7a-5p	21.05	18.60	-0.84
	let-7b-5p	20.92	18.71	-0.6
	let-7c	21.82	20.75	0.54
ĺ	let-7f-5p	23.91	20.44	-1.86
	miR-100-5p	21.42	18.59	-1.22
	miR-101-3p	24.81	21.91	-1.29
ĺ	miR-106b-5p	23.96	21.11	-1.24
ĺ	miR-125a-5p	19.65	17.33	-0.71
	miR-125b-5p	17.64	17.47	1.44
	miR-126-3p	22.05	18.28	-2.16
	miR-126-5p	25.34	21.29	-2.44
ĺ	miR-128	23.58	25.18	3.21
	miR-133a	23.11	28.88	7.38
	miR-135a-5p	28.60	24.65	-2.34
	miR-135b-5p	29.36	25.02	-2.73
	miR-141-3p	26.99	22.43	-2.95
	miR-143-3p	22.20	20.00	-0.59
	miR-145-5p	19.64	17.82	-0.21
	miR-146a-5p	28.24	24.31	-2.32
	miR-146b-5p	25.12	21.46	-2.05
	miR-148a-3p	23.47	22.49	0.63
	miR-15a-5p	25.05	23.11	-0.33
	miR-15b-5p	25.04	23.33	-0.1
	miR-16-5p	21.62	19.07	-0.94
	miR-17-5p	25.03	22.01	-1.41
	miR-17-3p	27.95	25.69	-0.65
	miR-181a-5p	23.26	21.66	0.01
	miR-181b-5p	23.79	22.08	-0.1
	miR-182-5p	27.40	26.37	0.58
	miR-183-5p	28.48	26.96	0.09
	miR-184	33.80	28.48	-3.71
	miR-194-5p	27.93	20.32	-6
	miR-195-5p	22.37	19.51	-1.25
	miR-196a-5p	24.65	23.78	0.74

miRNA	Ct (tumor)	Ct (control)	Log ₂ FC
miR-19b-3p	23.49	20.77	-1.11
miR-200b-3p	25.74	19.80	-4.33
miR-200c-3	25.04	21.04	-2.39
miR-203a	28.61	25.02	-1.98
miR-205-5p	23.48	25.77	3.9
miR-20a-5p	24.07	20.23	-2.23
miR-20b-5p	25.99	22.22	-2.16
miR-21-5p	20.74	16.63	-2.5
miR-218-5p	27.52	26.35	0.44
miR-22-3p	23.11	19.70	-1.8
miR-221-3p	24.41	21.75	-1.05
miR-222-3p	24.05	21.39	-1.05
miR-223-3p	24.95	21.68	-1.66
miR-224-5p	27.53	26.40	0.48
miR-23b-3p	21.68	19.13	-0.94
miR-24-3p	21.11	18.56	-0.94
miR-25-3p	24.30	22.27	-0.42
miR-26a-5p	20.34	17.46	-1.27
miR-26b-5p	22.52	19.59	-1.32
miR-27a-3p	22.47	19.81	-1.05
miR-27b-3p	23.30	20.33	-1.36
miR-296-5p	24.71	24.96	1.86
miR-29b-3p	26.85	21.37	-3.87
miR-30c-5p	22.68	18.11	-2.96
miR-31-5p	28.71	24.20	-2.9
miR-3163	33.56	32.99	1.04
miR-32-5p	28.48	25.13	-1.74
miR-330-3p	28.23	26.62	0
miR-331-3p	24.51	22.23	-0.67
miR-34a-5p	23.04	21.36	-0.07
miR-34b-3p	28.91	26.57	-0.73
miR-34c-5p	29.21	29.16	1.56
miR-361-5p	25.59	23.75	-0.23
miR-365a-3p	23.53	22.01	0.09

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Indexed in: [Current Contents/Clinical Medicine] [SCI Expanded] [ISI Alerting System] [ISI Journals Master List] [Index Medicus/MEDLINE] [EMBASE/Excerpta Medica] [Chemical Abstracts/CAS] Table 2 continued. Ct values and fold changes obtained in the pilot experiment by PCR array from tumor and control samples ofPatient 1 using SNORD61 as endogenous control. Log_2FC is the logarithm of fold change, defined as the opposite of $\Delta\Delta$ Ct.

miRNA	Ct (tumor)	Ct (control)	Log ₂ FC	miRNA	Ct (tumor)	Ct (control)	Log ₂ FC
miR-3662	32.59	31.08	0.1	miR-7-5p	29.74	26.86	-1.27
miR-3666	32.12	31.06	0.55	miR-9-3p	32.29	28.27	-2.41
miR-374b-5p	25.48	22.30	-1.57	miR-92a-3p	20.62	19.05	0.04
miR-375	28.95	27.11	-0.23	miR-93-5p	25.11	21.95	-1.55
miR-425-5p	25.98	23.66	-0.71	miR-96-5n	28.85	27 27	0.03
miR-449a	29.51	27.95	0.05		20.03		
miR-455-5p	26.97	24.85	-0.51	miR-99a-5p	20.37	19.88	1.12
miR-494	21.82	20.65	0.44	miR-99b-5p	22.72	20.34	-0.77
miR-616-3p	30.85	30.42	1.18	SNORD61	19.57	17.96	

Table 3. Logarithmic fold changes (log₂FC) of miR-128-3p, miR-184, miR-194-5p, and miR-203a in Patient 1 (determined by a PCR array), Patients 2 to 8 (determined by individual primers using the median value of 3 technical triplicates), and mean.

	Patient 1 (array)	Patient 2	Patient 3	Patient 4	Patient 5	Patient 6	Patient 7	Patient 8	Mean fold change
miR-128-3p	3.21	-4.22	-1.35	-2.17	1.11	-0.25	0.79	4.32	0.18
miR-184	-3.71	-8.51	-1.77	-8.82	-5.97	-9.05	-6.14	2.54	-5.18
miR-194-5p	-6	-4.46	-3.69	-7.63	-4.04	-1.34	-6.15	-1.01	-4.29
miR-203a	-1.98	-3.68	-4.32	-3.47	-4.8	-0.29	-6.37	3.49	-2.68

Patient 8 was the one showing unusual histology (see Table 1 and main text).

Compliance with Ethical Standards

All procedures involving human participants were in accordance with the 1964 Helsinki Declaration and its later amendments and approved by an institutional ethics committee (approval statement No. SE RKEB 27/2020). Informed consent was obtained from the parents of all participants in the study.

Results

Pilot Experiment

In **Table 2**, we demonstrate Ct values and fold changes for all precursor and mature miRNAs found on the PCR array we used in the pilot experiment. Results were adequate overall, but with an unusual overexpression of miR-133a, which we considered an artifact (see Discussion). miRNA precursor let-7a-5p was underexpressed with a fold change of -0.84 on the logarithmic scale. miRNAs of the miR-200 family also showed the expected degree of downregulation. Out of 80 mature miRNAs studied, 48 were substantially underexpressed (log $_2$ FC lower than -0.5) and 13 were overexpressed (log $_2$ FC higher than 0.5), while 19 were slightly or not changed (log $_2$ FC between -0.5 and 0.5).

Experiments with Individual Primers

Expression data on other patients (IDs: 2 to 8) showed low variance among triplicates. Fold changes of miRNAs that were studied in all 8 patients – miR-128-3p, miR-184, miR-194-5p and miR-203a – are summarized in **Table 3**. miR-128-3p showed variable changes across samples (elevation in 4 cases, decrease in 3, minimal change in 1 case). Its mean fold change was close to 0. Levels of miR-184 were reduced in 7 cases and elevated in Patient 8. miR-194-5p was downregulated in all 8 cases. miR-203a was shown to be underexpressed in Patients 1 to 7 and overexpressed in Patient 8. Overall, the direction of some expression changes seems to have been reversed in Patient 8 (see Discussion).



Figure 1. Network analysis showing targets of miR-184, miR-194-5p, and miR-203a from miRTarBase. A small network was constructed including targets validated by "strong" methods only, such as luciferase assays and western blots (A), while a larger network represents targets validated by either "strong" or "weak" (eg, CLIP) methods (B). Threshold set for the minimum number of miRNA-target interactions: 2. Created using the online tool MIENTURNET (version: N/A) [17].

Network Analysis

We visualized targets of miR-184, miR-194-5p, and miR-203a, as obtained using the tool MIENTURNET (**Figure 1**). *BMI1* (B cell-specific Moloney murine leukemia virus integration site 1) was shown to be affected by both miR-194-5p and miR-203a, while *AKT2* (RAC-beta serine/threonine-protein kinase) was revealed as a common target of miR-184 and miR-203a.

Discussion

miRNAs, due to their short length, are thought to be stable enough to resist degradation and chemical modifications occurring in nucleic acids, especially RNA, as a result of formalin fixation. The quality of extracted miRNA was reported to be stable and unaffected by the preservation protocol used, the only exception being a 12-h delay to fixation, which resulted in a miRNA species-dependent variability in comparison to snap-frozen controls, possibly due to an increased breakdown of longer RNAs to products in the size range of miRNA [18]. Despite the wide availability of FFPE samples in pathological archives and a number of reports suggesting no difference between miRNA profiles obtained from snap-frozen tissue and FFPE samples from children aged 7 to 10 years with various types of cancer [13,19,20], miRNA-profiling from such samples has still not become a mainstream procedure. Limitations of the present study include a small sample size preventing us from performing statistical analysis, and human bias in the selection of miRNAs for individual PCR experiments. Keeping these factors in mind, we interpret our findings below.

Our results with the pilot array were generally consistent with reports in the literature using frozen blood or tumor tissue as a miRNA source, with a few interesting findings discussed below. We considered the overexpression of miR-133a an artifact and did not include it in the Discussion, not only because of its magnitude, but also because miR-133a is known as a tumor suppressor in many cancer types [21,22], and has been reported to be unchanged [23] or underexpressed [11,24] in Wilms' tumor.

In an earlier paper, we reported for the first time a miRNA expression analysis with RNA extracted from FFPE samples in Wilms' tumor, focusing on the deregulation of miR-184, miR-194-5p, miR-203a, and miR-34c-5p [11]. Comparing these results obtained from blastemal tumors to our current pilot array data from regressive ones (**Table 2**), we decided to study the expression of a few miRNAs that showed interesting deregulations in the pilot experiment and were also featured in our previous paper – miR-184, miR-194-5p, and miR-203a – in all remaining patients, in order to reveal any differences between the pattern of their underexpression in blastemal and regressive tumors. Expression analysis of miR-34c-5p did not produce relevant findings in blastemal tumors, so we picked

miR-128, which showed a promising elevation in our pilot array not yet reported in the literature, as the 4th miRNA to be studied. Other notable candidates included miR-205, which generally seems to play a tumor-suppressor role and is lost in some types of cancer [25,26], but the overexpression we observed had been reported before in Wilms' tumor [23,24], and miR-29b, which was underexpressed in blastemal and regressive Wilms' tumors, with some authors in support of this [27] and some reporting the opposite [23,24].

miR-128 is known to affect tumorigenesis in a number of cancer types [28] and has been suggested to play various regulatory roles in the central nervous system [29,30], but no reports are available linking it to the pathogenesis or prognosis of Wilms' tumor. The overexpression we initially observed in Patient 1 was not reproducible across all samples, with some showing an elevation and others a decrease (**Table 3**).

miR-184, a tumor suppressor of various types of malignancy [31,32], was shown to inhibit autophagy and promote aging in rat glomerular mesangial cells [33]. As shown in **Figure 1**, its targets include GAS1 (Growth arrest-specific protein 1) [34] and AKT2, through which it suppresses tumorigenesis [35]. However, little is known about its possible function in the human kidneys, let alone in Wilms' tumor. Earlier papers found it to be unchanged [23], underexpressed [27], or unaffected in anaplastic tumors, but downregulated in non-anaplastic tumors [36], while our own research revealed a pronounced downregulation in blastemal Wilms' tumors [11]. We observed a similarly striking underexpression in our current set of regressive samples apart from Patient 8 (showing an unusual histology with very little persisting blastemal tissue and a slight elevation of miR-184) (**Table 3**).

A loss of miR-194-5p has long been known to be characteristic of Wilms' tumors [23], but its role in the pathogenesis was shrouded in mystery until recently. Liu et al reported that miR-194-5p acts on the target gene Crk (CT10 Regulator of Kinase) and reduces levels of N-cadherin and ZEB1 (Zinc finger E-Box Binding Homeobox 1) while increasing E-cadherin, ultimately inhibiting epithelial-to-mesenchymal transition. Downregulation of miR-194-5p by Wilms' tumor tissue is needed for cell migration and invasion (ie, metastasis) [37]. Some other known targets of miR-194-5p are BMI1 [38] and IGF1R (insulin-like growth factor 1 receptor) [39], accounting for its tumor-suppressor role in many other cancer types (Figure 1). Previously, we found the underexpression of this miRNA as seen in blastemal FFPE samples to be well in line with data in the literature obtained from snapfrozen tissue or peripheral blood [11]. Our current results support that conclusion and extend it to regressive tumors (Table 3).

miR-203a is another important tumor suppressor with many targets, some shared with miR-184 and miR-194-5p (Figure 1).



Figure 2. A comparison of mean logarithmic fold changes (log₂FC) in the expression of miR-184, miR-194-5p, and miR-203a between regressive Wilms' tumor samples (light blue) and blastemal ones (deep blue, published earlier [11]). Created using Microsoft Excel (version: 2106).

Earlier, we were the first group to report the loss of miR-203a in Wilms' tumor [11]. Since then, other groups also noted its underexpression [36]. One study found it to be among the top 15 downregulated miRNAs (out of 156 deregulated miRNAs) in the disease [40], while another report claimed to have identified JAG1 (Jagged Canonical Notch Ligand 1) mRNA as its target, and suggested that a loss of miR-203a enhances a tumors' migratory and invasive abilities through the upregulation of JAG1 expression. An underexpression of miR-203a was associated with an increased risk of lymphatic metastasis and an overall poorer prognosis [41]. However, apart from JAG1, miR-203a may also suppress E2F3 (E2F transcription factor 3) according to an in-silico network analysis of Wilms' tumor [42]. While this regulatory pathway is known to exist in gastric cancer [43], it has yet to be confirmed by experimental evidence in Wilms' tumor. E2F3 is expressed in all Wilms' tumor specimens, with higher levels implying a poor prognosis [44,45], and may regulate the let-7a miRNA precursor [46], which is known to play a role in the pathogenesis of the disease [6].

In our set of regressive Wilms' tumor samples, miR-203a underexpression was detectable in all cases except in Patient 8, who showed a nearly complete regression of blastemal tissue (**Table 3**). Overall expression of miR-203a, and to an extent that of miR-184 and miR-194-5p, appeared to be less reduced in regressive tumors compared to blastemal ones (**Figure 2**). It is also interesting to note the generally lower levels of miR-203a in samples containing more blastema, especially in the one that did not respond at all to chemotherapy [11]. Such an association, if confirmed by a larger-scale study in which statistical tests are applicable, may have prognostic and therapeutic implications.

Conclusions

Eighty-eight percent of all our Wilms' tumor FFPE samples, including regressive specimens, which were the object of our current study and blastemal ones studied earlier, proved to be adequate for miRNA extraction (100% of samples containing visible non-necrotic tumor elements). We encourage other research groups to utilize the FFPE archives as miRNA sources in their projects involving Wilms' tumor and other diseases. Despite the limitations, our results suggest that the degree of miR-203a underexpression is correlated with persisting blastemal fractions and prognosis of Wilms' tumors. We plan to perform a larger-scale study to confirm this and reveal the role of other noncoding RNAs in the background of chemoresponsiveness.

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Conflict of Interest

None declared.

Declaration of Figure Authenticity

All figures submitted have been created by the authors, who confirm that the images are original with no duplication and have not been previously published in whole or in part.

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