Renal nitric oxide production in rat pregnancy: role of constitutive nitric oxide synthases

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Am J Physiol Renal Physiol 299: F830–F836, 2010. First published July 14, 2010; doi:10.1152/ajprenal.00300.2010.—Functional studies show that increased renal nitric oxide (NO) mediates the renal vasodilation and increased glomerular filtration rate that occur during normal pregnancy. We investigated whether changes in the constitutive NO synthases (NOS), endothelial (eNOS) and neuronal (nNOS), were associated with the increased renal NO production in normal midterm pregnancy in the rat. In kidneys from midterm pregnant (MP: 11–13 days gestation), late-term pregnant (LP: 18–20 days gestation), and similarly aged virgin (V) rats, transcript and protein abundance for eNOS and the nNOS (nNOS and iNOS) (1, 3), while lack of endothelial NOS (eNOS)-selective inhibitors has prevented direct investigation of eNOS. Alexander et al. (4) reported an increase in nNOS protein abundance in rats at midterm, which coincides with maximal renal vasodilation (5), while an unexpected decline in eNOS protein abundance was also observed. In contrast, Novak et al. (27) reported no change in renal eNOS and nNOS protein abundance with pregnancy. Apart from the unresolved question of NOS protein abundance, large changes in NOS activity are possible without alterations in protein abundance. For example, phosphorylation of eNOS at Ser1177 can lead to a 15- to 20-fold increase in NOS activity compared with unphosphorylated eNOS (18).

To better our understanding of the renal NO system in pregnancy, we have conducted a series of studies assessing renal constitutive NOS isofrom mRNA abundance, protein abundance, and activity in kidneys of virgin and pregnant rats.

Materials and Methods

Animals. Studies were performed on female Sprague-Dawley rats (n = 51; Harlan Sprague Dawley, Indianapolis, IN) aged 4–5 mo. The animal studies were reviewed and approved by the West Virginia University and the University of Florida Animal Care and Use Committees. All animals were housed separately, provided rat chow and water ad libitum, and maintained on a 12:12-h light-dark cycle. Female rats were temporarily housed with males for 1–5 days. Mating was confirmed by the presence of sperm in the vagina (taken as day 1 of pregnancy) and a continual diestrus vaginal smear. Pregnancy was confirmed by an increased body weight and the presence of live fetuses “in utero” on the day of death.

In series 1, in vitro NOS activity was evaluated in tissues harvested from midterm-pregnant (MP: 11–13 days gestation, n = 7), late-pregnant (LP: 18–20 days gestation, n = 8), and similarly aged virgin (V, n = 8) rats. In series 2, NOS mRNA and protein analysis was carried out in tissues harvested from MP (n = 5), LP (n = 5), and similarly aged V (n = 5) rats. In series 3, NOS mRNA and protein analysis was carried out in tissues harvested from MP (n = 4), LP (n = 4), and V (n = 5) rats.

Tissue harvest. Rats were anesthetized with pentobarbital sodium (0.7 mg/kg ip) or isoflurane. The kidneys were perfused blood-free with cold PBS, separated into cortex and medulla, flash frozen in liquid nitrogen, and stored at −80°C.

NOS activity. NOS activity was measured from the conversion of [14C]arginine to [14C]citrulline in kidney tissue, as described previously (32). Briefly, tissues were homogenized and ultracentrifuged. The supernatant (soluble) and membrane fractions were assayed. The soluble fraction contains most of the nNOS, while the membrane fraction contains mostly eNOS. Endogenous arginine was removed using Dowex, and the total protein content was determined using a Bradford assay (7). Samples were assayed in the presence of the...
arginase inhibitors valine (10 mM) and proline (10 mM). Data are expressed as picomoles of [3H]-arginine converted to [3H]-citrulline per milligram of protein per minute, adjusted for background. Background was determined by the amount of radioactivity obtained from heat-inactivated samples (60 min at 80°C) and represented <5% of the 100% standard, thus representing free tritium or nonacetylated tritiated species not bound by the Dowex resin. The 100% standards were prepared without Dowex and represented the total amount of counts available for conversion. Some samples were run in the presence of the nNOS-selective inhibitor S-methylisothiourea (SMTC, 1 μM).

**Western blotting.** Samples were homogenized, and proteins were separated by SDS-PAGE and transferred to a nitrocellulose membrane, as described previously (32). Ponceau S staining confirmed equivalent protein loads for cortex (200 μg of total protein) and medulla (100 μg of total protein). In *series 2*, membranes were first probed with rabbit polyclonal phosphorylated (Ser1177) eNOS antibody (Cell Signaling Technology, Danvers, MA) in a 1:250 dilution of 5% BSA in 0.1% Tris-buffered saline + Tween 20 (TBS-T) for 16 h at 4°C and then with secondary goat anti-rabbit IgG-HRP conjugate (Transduction Laboratories, San Jose, CA) at a 1:2,000 dilution overnight for 1 h at room temperature. Membranes were then stripped and reprobed for eNOS (mouse monoclonal antibody, Transduction Laboratories, San Jose, CA) at a 1:250 dilution for 1 h. Next, goat anti-mouse IgG-HRP conjugate (Transduction Laboratories) at a 1:2,000 dilution was applied, and the membranes were incubated for 1 h. Duplicate membranes were run and probed for nNOS with a rabbit polyclonal antibody targeting the NH2 terminus at a 1:5,000 dilution for 1 h (16) and then with goat anti-rabbit IgG-HRP (Bio-Rad, Hercules, CA) at a 1:3,000 dilution for 1 h at room temperature. In *series 3*, membranes were probed overnight with a 1:250 dilution of COOH-terminal rabbit polyclonal antibody (PA1–03, Affinity BioReagents, Golden, CO) or for 1 h with a 1:5,000 dilution of the same NH2-terminal rabbit polyclonal antibody used in *series 2* (gift from Dr. Kim Lau) (22) and then for 1 h with a 1:3,000 dilution of secondary goat anti-rabbit IgG-HRP antibody (Bio-Rad). Bands of interest were visualized using an ECL Western blot detection kit (Amersham Biosciences, Piscataway, NJ). Densitometric analysis was performed using Optimas 6.2 imaging analysis software.

Protein abundance is reported as integrated optical density (OD) units. The integrated OD was factored for Ponceau S staining (total protein loaded) and for an internal standard run on each membrane.

**PCR.** RNA was isolated from tissue using TRI Reagent (Sigma, St. Louis, MO) and treated with DNAase I (Ambion, Austin, TX), and 1–2 μg was reversed transcribed (SuperScript II RNase H− Reverse Transcriptase, Invitrogen, Bethesda, MD) with random primers (Invitrogen) in a total volume of 20–40 μl. For control RT reactions, the RT enzyme was omitted, and primers were designed to include intron-exon splice sites. Primers were designed using GeneTool software (Biotools, Edmonton, AB, Canada) with annealing temperatures at 54–62°C. All PCR products were verified by restriction endonuclease digestion. Cyclophilin (CyP) was used as an internal reference, since CyP abundance remained consistent in V, MP, and LP rats.

For end-point PCR, preliminary experiments were conducted for each PCR product to ensure that the number of cycles represented the linear portion of the PCR OD curve. For each primer set [5′-agcgcgttcacctgccggg (forward) and 5′-tggttcctctacctgg (reverse)] for CyP (M19533), 5′-cgcgtgacgcaggtccttg (forward) and 5′-tccgtacatactagagctg (reverse) for eNOS (XM342615), and 5′-cgcgtgacgcaggtccttg (forward) and 5′-cacccgtgcgttcatacct (reverse) for CyP (M19533)] were designed. Real-time PCR, a more quantitative approach, was not used to detect nNOSα and nNOSβ mRNAs, since multiple bands may occur with nNOSβ product amplification (30). Samples were run in duplicate (2.5–5 μl of cDNA per well), and the cycle times from duplicate wells were averaged. Preliminary experiments were conducted to optimize PCR conditions, ensure the absence of primer formation, and affirm that a single PCR product was formed for each primer pair. For the relative quantification of gene expression, the comparative threshold cycle (Ct) method was employed (24). Validation methods were conducted over a 10-fold range of cDNA and over a 2-fold range of primer concentrations from control and experimental kidneys to confirm equal efficiency of NOS and CyP. The averaged Ct C was subtracted from the corresponding averaged CyP C, for each sample, resulting in ΔC. The fold change was established by calculating 2−ΔΔC, for experimental vs. control samples (16).

**Statistical analysis.** One-way ANOVA and Bonferroni’s multiple comparison test were used to compare mRNA and protein abundance differences of V, MP, and LP samples. Values are means ± SE. Significance was accepted at *P* < 0.05.

**RESULTS**

As shown in Fig. 1, the abundance of total eNOS (Fig. 1A) and phosphorylated eNOS (Fig. 1B) falls during pregnancy in renal cortex. In renal medulla, there were no significant changes in eNOS or phosphorylated eNOS abundance (Fig. 1, C and D). Representative blots for renal medulla in Fig. 1, E and F, show that the eNOS antibody recognized the eNOS- and phosphorylated eNOS-positive controls (lanes 1 and 2 in Fig. 1E), while the phosphorylated (Ser1177) eNOS antibody recognized only the phosphorylated eNOS-positive control (lane 1 in Fig. 1F). To measure eNOS transcript, we used CyP mRNA abundance as an internal control for end-point and real-time PCR, since CyP mRNA abundance did not change with pregnancy (Table 1). Cortical and medullary eNOS mRNA abundance was unaffected by pregnancy, as shown by end-point and real-time PCR and two different primer pairs (Table 1).

We measured the total [3H]-arginine-to-[3H]-citrulline conversion, as a measure of NOS activity, in renal cortex and medulla membrane fractions (Fig. 2). [3H]-arginine-to-[3H]-citrulline conversion was significantly lower in LP than V rats in cortex. In medulla, membrane NOS activity fell in pregnancy. There was, however, a significant increase in [3H]-arginine-to-[3H]-citrulline conversion in the soluble fraction of renal cortex of MP compared with V and LP rats (Fig. 3). In MP rats, the nNOS-selective NOS inhibitor SMTC reduced the cortical soluble [3H]-arginine-to-[3H]-citrulline conversion to V values. In medulla, there was no difference in total NOS activity in the soluble fraction during pregnancy, and SMTC
inhibited >50% of \[^{3}H\]-arginine-to-\[^{3}H\]-citrulline conversion in V, MP, and LP rats.

We also measured cortical and medullary nNOS\(\alpha\) protein abundance. As shown in Fig. 4, A and B, there was no change in nNOS\(\alpha\) protein abundance with pregnancy in animals in series 3 or in animals in series 2 (data not shown). In contrast, there was a marked rise in the cortical nNOS\(\beta\) protein abundance at MP (Fig. 4C) that occurred in parallel with the increase in NOS activity in the soluble fraction of cortex (Fig. 3). Representative blots for the nNOS\(\alpha\) and nNOS\(\beta\) proteins

Table 1. mRNA abundance: series 2 experiments

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<td>CyP†</td>
<td>19.28 ± 0.15</td>
<td>19.38 ± 0.38</td>
<td>17.59 ± 0.45</td>
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<td><strong>End-point PCR‡</strong></td>
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<tr>
<td>eNOS</td>
<td>0.37 ± 0.04</td>
<td>0.43 ± 0.07</td>
<td>0.36 ± 0.04</td>
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<tr>
<td>nNOS</td>
<td>0.71 ± 0.15</td>
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<td>CyP</td>
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V, virgin; MP, midterm pregnant; LP, late-term pregnant; eNOS and nNOS, endothelial and neuronal nitric oxide synthase; CyP, cyclophilin. *eNOS and nNOS real-time PCR values are expressed as mean fold change in gene expression (2\(^{-ΔCt}\), where Ct is cycle time) compared with V. †CyP real-time PCR values (means ± SE) are expressed in arbitrary units; eNOS and nNOS were normalized to CyP.
which increases activity by 15- to 20-fold (18). However, we found that the abundance of phosphorylated eNOS also falls in renal cortex during pregnancy. Since two different antibodies detected falls in eNOS and phosphorylated eNOS abundance in pregnancy, we conclude that decreased eNOS protein probably accounts for the decrease in renal cortical membrane NOS activity also seen in this study. Thus, surprisingly, the NO-dependent renal vasodilation of pregnancy in the rat is not due to the eNOS.

In contrast to the membrane fraction, we observed a significant increase in renal cortical soluble NOS activity at MP and a return in LP that parallels the time course of the gestational renal vasodilation in the rat (5, 11). iNOS and some nNOS reside in the soluble fraction. We used a relatively selective nNOS inhibitor (SMTC, Ki = 1.2 nM), which have been reported to exhibit >100-fold selectivity for rat nNOS compared with iNOS, ~10-fold selectivity for nNOS over eNOS in purified enzyme preparations, and 17-fold selectivity for nNOS over eNOS in tissues (17, 26). We found that SMTC completely prevented the rise in soluble NOS activity in renal cortex in MP while having no impact on V or LP tissue homogenates. This suggests that the increased soluble NOS activity originated from a nNOS source. These findings are in agreement with studies by Abram and colleagues (1), who reported that acute infusion of another nNOS-selective inhibitor, 7-nitroindazole, decreased RPF and GFR in conscious pregnant rats without affecting renal hemodynamics of virgins. Although SMTC and 7-nitroindazole are chemically unrelated, both are used as selective nNOS inhibitors (17). As a cautionary note, however, assumptions based on supposedly “isoform-selective” NOS inhibitors are fraught with problems. Alderton

DISCUSSION

The main findings in the present study are that, in renal cortex of the MP rat, membrane NOS activity and total and phosphorylated (Ser1177) eNOS protein are not increased when the gestational renal vasodilation is at a maximum. In contrast, a marked rise in renal cortical NOS activity in the soluble fraction is evident, which can be ablated with SMTC, a nNOS-selective inhibitor (17, 26). Using an antibody to the NH2 terminus of the 160-kDa nNOSα, we saw no change in nNOSα mRNA in cortex or medulla during pregnancy, while nNOSβ transcript increased in cortex and medulla in MP rats (Fig. 6).

Our findings confirm earlier observations that increased eNOS expression does not contribute to the NO-dependent renal vasodilation and hyperfiltration that occurs during pregnancy. Previous studies indicate no change (27) or a decrease (4) in eNOS during pregnancy. Here, we report decreases in total cortical eNOS abundance at MP and LP, and we found no change in eNOS transcript abundance. Of course, protein abundance is not the only determinant of eNOS activity, since there are many possible posttranslational modifications that affect activity, including phosphorylation of eNOS at Ser1177.
et al. (2) report that much of the confusion results from the differing criteria used to define selectivity. In fact, when selectivity is defined on the basis of potency under identical conditions and in the physiological range, few selective NOS inhibitors are highly selective. This may explain why nNOS-selective (1) and iNOS-selective (3) inhibitors have been shown to ablate the gestational rise in GFR. In view of this, we cannot rely on selective NOS inhibitors as a means of defining which NOS isoform(s) play(s) a role in renal hemodynamic changes that occur with pregnancy; therefore, we also looked at NOS protein and transcript abundance.

Novak et al. (27) reported no change in medullary nNOS protein abundance and could not detect the nNOS protein in renal cortex in V or MP; they observed no change in the cortical nNOS transcript in MP vs. V. In contrast, Alexander et al. (4) reported a significant increase in whole kidney nNOS protein abundance that reached a peak at midterm (13 days gestation) and remained high throughout the rest of pregnancy. These workers used a commercially available antibody to the COOH terminus of nNOS, which we now recognize will detect all the nNOS splice variants that are present. In the present study, using an antibody to nNOSα (which recognizes only the unique NH₂ terminus of nNOSα), we found no change in protein abundance at MP, and this was confirmed at the transcript level.

We recently reported that there are nNOS splice variants in the normal rat kidney and that the proportions of these can change under pathological conditions (30). Of particular relevance to the present study, one of these splice variants, nNOSβ, is a functional enzyme that is entirely cytosolic in

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Fig. 4. A and B: relative neuronal NOS (nNOS)-α (nNOSα) protein abundance in series 3 rats (i.e., NH₂-terminal antibody) in cortex and medulla in V, MP, and LP rats. C and D: relative nNOSβ abundance in cortex and medulla. nNOS-positive control is rat cerebellar lysate. *Significantly different from V (P < 0.05).

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Fig. 5. Top: representative whole membrane Western blots of renal cortex (300 μg of total protein) and medulla (100 μg of total protein). An NH₂-terminal antibody (22) was used for nNOSα (~160 kDa, arrowhead) detection (A), and a COOH-terminal antibody (PA1-033, Affinity Bioreagents) was used for nNOSβ (~140 kDa, arrow) detection (B). Bottom: Ponceau S staining of corresponding lanes confirming similar protein loads.
mRNA variants may be generated by alternative promoters. This may account for the differences in cortical and medullary efficiency, alter mRNA localization, or alter mRNA stability.

Additional transcripts for nNOS exon 1a-exon 6 primer pairing, we recognize that there may be five nNOS mRNA variants: four encoded for nNOS and nNOS transcripts had a common 5′-UTR (30), as previously reported by Huber et al. (19) in the rat intestine. Although we report no change in nNOS transcript abundance with exon 1a-exon 2 primer pairing and a significant increase in nNOS transcript abundance at MP with exon 1a-exon 6 primer pairing, we recognize that there may be additional transcripts for nNOSα and nNOSβ. Indeed, in rat kidney, Lee et al. (23) identified three nNOS transcripts with distinct 5′-UTR first exons (exon 1a, 1b, and 1c), all of which spliced to exon 2 (nNOSα). Oberbaumer et al. (28) identified five nNOS mRNA variants: four encoded for nNOSα (exon 2), and one encoded for nNOSβ (exon 3). Although these nNOS mRNA variants may be generated by alternative promoters encoding the same nNOS protein, it is possible that the various nNOS transcripts with different 5′-UTRs may have different functional properties that may influence nNOS translational efficiency, alter mRNA localization, or alter mRNA stability. This may account for the differences in cortical and medullary nNOSα and nNOSβ transcript expression compared with nNOSα and nNOSβ protein abundance seen in the present study.

We used the previously characterized COOH-terminal nNOS antibody (30) to directly test whether nNOSβ might contribute to the gestational renal vasodilation and observed a marked increase in the protein abundance. Unlike the nNOSα, nNOSβ contains a unique NH2 terminus of 6 amino acids and lacks the first 236 amino acids of nNOSα, which contains the PSD-95 disks large/ZO-1 homology (PDZ) and protein inhibitor of NOS (PIN) domains. The PDZ domain of nNOSα mediates interaction with postsynaptic density protein 95 (PSD-95) of neurons and α1-syntrophin (part of the dystrophin complex) of myocytes, which anchors nNOSα in the plasma membrane (8). Without a PDZ domain, nNOSβ would occur in the cytosol, as shown by Huber et al. (19) in the rat intestine. Furthermore, the PIN domain contains a binding site for the protein inhibitor of NOS (21), and without a PIN domain, nNOSβ cannot be regulated by PIN. Therefore, nNOSβ may be regulated by other mechanisms, such as alternate promoter usage and pre-mRNA splicing events (31). With no PDZ and PIN domains, the secondary and/or tertiary structure of nNOSβ may be similar to iNOS, and we speculate that iNOS-selective inhibitors may inhibit the activity of iNOS and nNOSβ. Also, with similar molecular weights, nNOSβ may comigrate with iNOS and/or be mistaken for iNOS in the absence of appropriate positive controls.

Brennan and colleagues (8) reported that nNOSβ transfected in COS cells was catalytically active, with a K_m for arginine similar to nNOSα, and fully dependent on calcium/calmodulin. Several in vivo studies using wild-type and nNOSα−/− mice also suggested a functional role for nNOSβ. For example, in wild-type mice, nNOSβ is a functional enzyme accounting for much of the citrulline formation in many brain areas (15). The nNOSα−/− and eNOS−/− double-knockout mice exhibit normal penile erection mediated by nNOSβ (20). In nNOSα−/− mice, nNOSβ abundance increases, suggesting a compensatory upregulation of nNOSβ when nNOSα-derived NO is deficient (15). In humans, nNOSβ has been localized in the spinal cord and is upregulated in astrocytes of the ventral horn and white matter in patients with amyotrophic lateral sclerosis (10). This suggests that nNOSβ may be upregulated in disease states, as also reported by us in the rat kidney with chronic kidney disease (30). The present study suggests that renal cortex nNOSβ is upregulated in response to physiological stimuli in normal pregnancy, which we suggest may play an important role in the renal vasodilation at MP.

In summary, the increase in renal cortical NO generation during pregnancy cannot be attributed to increased abundance...
or activity of eNOS. Rather, nNOSβ in the soluble fraction of renal cortex provides the likely source. Future studies should investigate the specific location and the signaling pathway responsible for activating the renal cortical nNOSβ in normal pregnancy.

GRANTS

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DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the authors.

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